ımer 2013 Program Guid









In this Issue:

- American Red Cross Lifeguard Training pg. 9
- Skateboarding Lessons & Camps pg. 20
- Camp Erie pg. 23
- Summer Special Events pg. 25-26
- Denver Nuggets Summer Basketball Camp pg. 30
- Active Adult Trips Colorado Wolf & Wildlife Center and more! pg. 36-38
- Summer Annual Membership Promotion back cover

Erie Parks & Recreation is Nationally Accredited!





Erie Parks & Recreation is a 2012 National Gold Medal Award Finalist!

Active Adults 60+	35-39
Adult General Interest Programs	
Adult Sports	32-34
Aquatic Fitness Classes	
Birthday Parties	
Camp Erie	
Climbing Wall	14-15
Facilities and Amenities	42
Fitness/Wellness	11-13
Gymnastics	19
Parks	41
Pool Schedule	6
Registration Information	43
Special Events	25-26
Swimming Lessons/Aquatics Programs	
Youth Dancing	
Youth General Interest Programs	
Youth Sports	27-31



QUICK GUIDE FOR PARENTS

Activities (ages 0-5)

Arts and Crafts18	8
Babysitting (KidStation)	4
Birthday Parties40	0
Camps15, 18, 23-24, 28	8
Climbing14-15	5
Dance18	8
Gymnastics19	9
Karate17	7
Kindermusik16	б
Mini-Miners Playground	4
Skateboarding20	0
Swimming Lessons7-9	9
Youth Sports 27-3	1

Activities (ages 6-12)

Arts and Crafts	18
Babysitter's Training	16
Babysitting (KidStation)	4
Birthday Parties	40
Camps15, 18, 23-24, 28	8, 30
Climbing	14-15
Dancing	18
Fitness Classes	13
Gymnastics	19
Karate	17
Kindermusik	16
Mini-Miners Playground	4
Photography	19
Sewing	19
Skateboarding	20
Swimming Lessons	7-9
Theatre Workshop	18
T-Town	4
Youth Sports	27-31

Activities (ages 13-17)

Babysitter's Training	16
Belay Certification	14
Climbing	14-15
Dancing	18
Fitness Classes	13
Karate	17
Lifeguard Training Course	9
Photography	19, 22
Sewing	19
Skateboarding	20
Theatre Workshop	18
T-Town	
Youth Sports	

WELCOME.

Summer in the Rockies – what an incredible time of year! Your Parks & Recreation team has been busy planning exciting programs for you and your family this season! Whether you are looking for sports, arts & crafts, fitness, climbing, or swimming, you are sure to find something for everyone! This guide includes programs and activities from June 1 – August 31, 2013.

With summer comes special event season! We have an exciting list of events throughout the summer including: two Movies in the Park, three Concerts in the Park, the Firecracker 4k/4M, and the ever popular Mighty Kids' Triathlon! For a complete listing of events details, see pages 25-26.

We are excited to announce the offering of our new skateboarding programs at the first public certified Street League Skate Plaza in the country – the Erie Community Skate Park. Erie Parks & Recreation has teamed up with Square State Skate to provide skateboarding lessons, camps, and birthday parties for all skill levels - check out these offerings on page 20 and 40.

The Department is thrilled to offer Camp Erie at two sites again this year. Camp will be conducted at Aspen Ridge Preparatory School for ages 5-7 and at the Erie Community Center for ages 8-12. Registration is currently open and camp runs from May 28 through August 9. Camp Erie is a state licensed summer camp program.

Youth sports programs continue to grow – be sure to read up on the new Denver Nuggets Summer Basketball Camp on page 30! Erie Parks & Recreation will again be hosting the Rockies Skill Challenge on June 18. Our Adult softball leagues continue to grow in participation – get your friends together and come play with us at the award-winning Ballpark at Erie.

A variety of fun-filled trips for active adults are in store for this summer, including the Wizard of Oz show at the Boulder Dinner Theatre, Colorado Wolf & Wildlife Center, and Summerfest at the Center for the Arts.

Spend time enjoying Erie's parks, trails, and open spaces right in your own backyard. Erie's connection south to the Coal Creek/Rock Creek Regional Trail will soon be completed!

We appreciate your support and truly value your feedback. Our team is looking forward to serving you all summer long. Have fun, be safe, and we hope you create many lasting memories participating in this summer's activities and events.

Your Partner in Recreation,

Want

Jill P. Wait Parks & Recreation Director





Ballfield Design Honor Award - 2010 **Best Recreation Center** 2008, 2009, 2010



National Alliance for



DON'T FORGET TO PLAY Youth Sports Starburst Award Honorable Mention - 2011 Erie Community Park – 2010



Mission, Policies & Staff

PARKS & RECREATION DEPARTMENT MISSION

The Parks & Recreation Department inspires our community to come together, learn, grow and be active, healthy and well by delivering exceptional parks, open spaces, trails, facilities, programs and services.

POLICIES

COMMUNITY CENTER POLICIES

- All guests utilize the Center and participate in activities at their own risk
- Children ages 0-9 must be directly supervised by a guest 14 years of age or older, unless the child is participating in a Center supervised program; please see Guest Service for specific policies regarding fitness equipment and children. Children 7-9 years old, however, are allowed in T-Town while their parent/guardian(s) are in the Center. Parents cannot drop off their child and leave the Center. Parents must sign in their child at Guest Service, where they will receive a wristband for their child to wear in the Center. Parents must also indicate where they will be in the Center while their 7-9 year old is in T-Town. T-Town will not be staffed
- Please dress appropriately when in the Center. Shoes and shirts are required at all times (except in the pool). Non-marking shoes are required in the gymnasium, racquetball courts, and fitness studio. Proper swim attire is required in the pool area including mesh-lined trunks for males; swim suits for females (street clothes are prohibited). Athletic attire, including closed toe athletic shoes, are required in the fitness areas
- Guests are strongly encouraged to bring their own lock to secure clothing and valuables in lockers. Locks are also available for sale at Guest Service. Locks and property must be removed each night
- A valid form of identification is required for equipment check-out. Acceptable forms of ID include a Center pass, school ID, or library card. Driver's licenses, keys, and credit cards will not be accepted
- Smoking devices, tobacco, and weapons are prohibited in the Center
- Animals are prohibited unless service animals accompanying persons with disabilities
- Please be aware of and follow all posted Center rules and guidelines

CODE OF CONDUCT

The Town of Erie expects reasonable and appropriate behavior from those who visit and use the facilities and participate in activities. The Parks & Recreation Department has established a code of conduct to ensure safety and enjoyment and reserves the right to deny admission and/or take disciplinary action against any individual violating the code of conduct. A violation includes, but is not limited to, the use of obscene language or gestures, disorderly conduct, theft, public intoxication, use of drugs, sexual misconduct, indecency, harassment, failure to cooperate with staff, possession of weapons of any kind, non-compliance with established policies and rules, an unlawful activity and any other behavior deemed offensive or unacceptable. Staff will enforce this code of conduct.

NON-DISCRIMINATION POLICY

The Town of Erie does not discriminate on the basis of age, race, sex, color, religion, national origin, disability, veteran status, sexual orientation or any other status protected by law.

The Parks & Recreation Department is committed to supporting individuals with disabilities and we are happy to discuss any special accommodations or adaptations necessary for participation. Please contact the Center at 303.926.2550 for assistance requests or inquiries.

WE TRY TO BE ACCURATE!

We make every effort to ensure the accuracy of the information in this guide. Information is subject to change.

TOWN OF ERIE OFFICIALS AND STAFF

BOARD OF TRUSTEES

Mayor: Joseph A. Wilson Mayor Pro Tem: Ronda Grassi

Trustees: Joe Carnival Mark Gruber Jonathan Hager Janice Moore Paul Ogg

TOWN OFFICIALS

Town Administrator: A.J. Krieger

STAFF

Administration:

Parks & Recreation Director: Jill P. Wait Administrative Coordinator: Amy Teetzel

Parks Division:

Parks Superintendent: Gary Hegner Asst. Parks Superintendent: Paul Reed Horticulture Crew Leader: Darren Champion Forestry Crew Leader: Mike McGill Athletic Fields Crew Leader: Drew Barber Parks Technician II: Daniel Peer

Parks Technician II: Shane Jasper

Recreation Division:

Center Manager: Ian Ferguson Programs Manager: John Pryor Active Adults 60+: Cindy Gerhardt Aquatics: Karen Newlon Facility Maintenance: Ed Mestas Fitness & Wellness: Shondra Schlichenmaver General Programs: Megan Langerak Guest Service & Member Relations: Charlene LeRoy Sports: Bryan Kentfield

CONTACT INFORMATION

450 Powers Street P.O. Box 1110 Erie, CO 80516 303.926.2550 www.erieparksandrec.com

2013 CENTER HOURS OF OPERATION:

 Monday - Thursday
 5:30 am - 9:00 pm*

 Friday
 5:30 am - 7:00 pm*

 Saturday
 7:00 am - 7:00 pm*

 Sunday
 8:00 am - 6:00 pm*

2013 HOLIDAY HOURS:

New Year's Day	January 1	Closed
Easter Sunday	March 31	Closed
Memorial Day	May 27	8:00 am - 3:00 pm
Independence Day	July 4	8:00 am - 3:00 pm
Maintenance Week	August 14 - 20	Closed
Labor Day	September 2	8:00 am - 3:00 pm
Thanksgiving Day	November 28	8:00 am - 3:00 pm
Christmas Eve	December 24	8:00 am - 3:00 pm
Christmas Day	December 25	Closed
New Year's Eve	December 31	8:00 am - 3:00 pm

FACILITY RENTALS

Looking for a place to hold your next function, meeting, or celebration? The multipurpose rooms, kitchen, indoor playground, climbing wall, gymnasium, fitness studio, and pool are all available for rental. For availability, please contact the Center. See page 42 for facilities and amenities.

RACQUETBALL

- Racquetball reservations are taken 48 hours in advance by contacting the Center
 - (No charge to passholders and day pass users)
- Racquetball goggles and racquet wrist straps are highly recommended
- The length of time for a court reservation is 1 hour

EQUIPMENT CHECK OUT

A variety of equipment is available for check out at no charge including: basketballs, volleyballs, racquetball racquets, racquetballs and goggles, and climbing harnesses.



TENNIS

- Tennis reservations are taken 48 hours in advance for the two north tennis courts (1 & 2) by contacting the Center (No charge)
- The length of time for a court reservation is 1 hour
- The two south tennis courts (1 & 2) will remain available on a first come, first served basis for drop-in play (no reservations accepted)

The Parks & Recreation Department may schedule programs and or leagues on the tennis courts; therefore, at times they will be unavailable for reservations.

Tennis courts are open for use from March 15 - November 15.

KIDSTATION HOURS OF OPERATION:

 Monday - Friday
 8:00 am - 1:00 pm

 Monday - Thursday
 4:00 - 8:00 pm

 Saturday
 7:00 am - 1:00 pm

 Sunday
 8:00 am - 1:00 pm

- Free with Annual Pass
- Ages 6 months 6 years
- Parents must remain in the Center (outdoor fitness classes are the only exception)
- 90 minute maximum
- Drop-in on a space available basis
- Photo ID required at check-in and will be returned at pick-up

KidStation Fees:

Resident	Non-Resident
\$3/hr for 1st child without	\$3.75/hr for 1st child without
annual pass; \$1.50 each addl	annual pass; \$2 each addl
child in same family	child in same family
40 Punch Card = \$75 without	40 Punch Card = \$95
annual pass	without annual pass

MINI-MINERS INDOOR PLAYGROUND HOURS OF OPERATION:

 Monday - Thursday
 11:30 am - 8:30 pm

 Friday
 10:30 am - 6:30 pm

 Saturday
 8:00 am - 6:30 pm

 Sunday
 8:00 am - 5:30 pm

- Play equipment is for ages 9 and under; no children over 4 years in toddler area
- All children must be supervised by an adult at all times
- Socks must be worn at all times no shoes
- No food or drinks permitted

T-TOWN (INTERACTIVE GAME ROOM) HOURS OF OPERATION:

 Monday - Thursday
 8:00 am - 8:30 pm

 Friday
 8:00 am - 6:30 pm

 Saturday
 8:00 am - 6:30 pm

 Sunday
 8:00 am - 5:30 pm

- T-Town is for ages 7-13
- 7-9 year olds must be signed in by their parent/guardian at Guest Service
- Please follow posted instructions for use of all equipment and observe posted rules

^{*}Pool closes 30 minutes prior to the Center

ERIE COMMUNITY CENTER - FEES FOR 2013*

	Adult (18-59)	Youth (4-17)	Active Adult (60+)	Active Adult Couple (60+)	Couple	Family
Annual Pass						
Resident	\$365	\$185	\$219**	\$375 **	\$625	\$719
Non-Resident	\$455	\$229	\$275 **	\$469**	\$779	\$899
3 - Month Pass						
Resident	\$105	\$49	\$59	\$105	\$179	\$199
Non-Resident	\$129	\$59	\$75	\$129	\$225	\$249
20 - Visit Pass						
Resident	\$79	\$39	\$45	-	-	-
Non-Resident	\$99	\$49	\$55	-	-	-
10 - Visit Pass						
Resident	\$29	\$29	\$29	-	-	-
Non-Resident	\$35	\$35	\$35	-	-	-
Daily Admission						
Resident	\$4.50	\$2.25	\$2.70	-	-	\$10
Non-Resident	\$5.50	\$2.75	\$3.40	-	-	\$12

^{*}Subject to change

PASS INFORMATION

- ** = If you turn 60 within 3 months of starting an annual pass, you qualify for the active adult rate
- Couple = 2 adults residing at the same physical address
- Active Adult Couple = 2 persons residing at the same physical address both of the age 60+
- Family = up to 2 adults and 2 children (17 or younger) residing at the same physical address; \$75 for each additional person (Annual Pass);
 \$20 for each additional person (3- Month Pass)
- Children 3 years and younger are free
- 10-Visit passes expire 3 months from purchase date
- 20-Visit passes expire one year from purchase date
- Annual passes may be paid by auto-debit

 Please contact the Center for more information

CORPORATE PASSES

- Valid for Annual or 20-Visit passes only
- Applies to employees of businesses located within the town limits (with a business license) and their families
- Discounts applied to relevant Resident or Non-Resident rate
- Pay stub or letter from employer to validate
- 10% discount for 2-9 employees purchasing passes; 15% discount for 10-14; 20% discount for 15 or more

REDUCED RATE ASSISTANCE PROGRAM

The Town of Erie provides a program for eligible participants which will reduce pass fees and recreation activity participation fees. Households that qualify for federally funded assistance programs are eligible. Please contact the Center for more information. Must be a resident of Frie.

OFF-PEAK ANNUAL PASS

- Fee: R \$185 / NR \$229
- Pass is only valid between the hours of
 1:30 pm and 3:30 pm, 7 days a week

WHAT IS INCLUDED IN PASS FEES AND DAILY ADMISSION FEES?

Pass fees and daily admission fees include use of the fitness and weight equipment, running track, locker rooms, racquetball courts (subject to availability), drop-in fitness classes, designated open gym, use of NEOS, open swim and specified climbing times (see page 14). Belay rides are free during supervised open climb times to all annual pass holders. KidStation is also free to all annual pass holders. Access to T-Town, Mini-Miners indoor playground, and Columbine Lounge (ages 60+) is free of charge. Other Center areas and programs may require additional fees.

PASS REFUND/CANCELLATION POLICY

20-Visit passes and KidStation punch cards are non-refundable and non-transferable. 10-Visit passes are non-refundable but transferable.

Annual and 3-Month passes are subject to a cancellation fee:

\$50 for the 1st person \$25 for the 2nd person \$10 for each additional person

Annual passes purchased by auto-debit are subject to a cancellation fee: a \$25 fee and forfeiture of the last month's payment which has been paid in advance. Cancellation requests must be received by the 10th of the month. Cancellation requests received after the 10th of the month are subject to the cancellation fee in addition to forfeiture of the current month's first and last month's payment.



May 26 - August 10, 2013	(subject to change)

			AV	May 26 - August 10,	3 (111)
RIVER	LAP POOL	MOND. ZERO DEPTH	SLIDE	ROPE	SWIM PROGRAMS
Adult Only 5:30 - 7:00 am	3 Lanes 5:30 - 8:00 am	Closed 5:30 - 11:00 am	Closed 5:30 - 11:00 am		Swim Lessons 8:00 - 10:15 am
Hydro Pump 7:00 - 8:00 am	H20 Aerobics 8:00 - 9:00 am	Open Swim 11:00 am - 8:30 pm	Open 11:00 am - 8:00 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm	Adult Swim Lessons 7:15 - 8:00 pm
Closed 8:00 - 10:00 am	Arthritis Foundation 9:15 - 10:15 am	open swiii 11.00 am 6.30 pm	Closed 8:00 - 8:30 pm	Closed 3:00 - 8:30 pm	ridate Swill Ecosons 7.15 0.00 pil
Hydro Pump 10:00 - 10:45 am	2 Lanes 10:15 am - 1:00 pm		ciosca dida disa pini	ciosca jioo oijo piii	
Open Swim 11:00 am - 8:30 pm	Open Swim 1:00 - 4:00 pm				
	Water Zumba 4:00 - 5:00 pm				
	2 Lanes 5:00 - 6:00 pm				
	H20 Aerobics 6:00 - 7:00 pm				
	1 Lane 7:00 - 8:30 pm				
		TUESD			
RIVER	LAP POOL	ZERO DEPTH	SLIDE	ROPE	SWIM PROGRAMS
Adult Only 5:30 - 7:00 am	3 Lanes 5:30 - 8:00 am	Closed 5:30 - 11:00 am	Closed 5:30 - 11:00 am	Closed 5:30 am - 1:00 pm	Swim Lessons 8:00 - 10:15 am
Hydro Pump 7:00 - 8:00 am	H20 Aerobics 8:00 - 9:00 am	Open Swim 11:00 am - 4:50 pm	Open 11:00 am - 4:50 pm	Open 1:00 - 3:00 pm	Masters Swim 12:00 - 1:00 pm
Closed 8:00 - 10:15 am	Low Impact 9:15 - 10:15 am	Closed 4:50 - 6:45 pm	Closed 4:50 - 6:45 pm	Closed 3:00 - 7:00 pm	Swim Lessons 5:00 - 6:45 pm
Hydro Pump 10:15 - 10:45 am	Deep Water 9:45 - 10:15 am	Open Swim 6:45 - 8:30 pm	Open 6:45 - 8:00 pm	Open 7:00 - 8:00 pm	Stroke Clinic 6:20 - 7:00 pm (June 11 - July 9)
Open Swim 11:00 am - 4:50 pm	2 Lanes 10:15 am - 12:00 pm		Closed 8:00 - 8:30 pm	Closed 8:00 - 8:30 pm	(Julie II - July 9)
Closed 4:50 - 6:00 pm	Closed 12:00 - 1:00 pm				
Hydro Pump 6:00 - 7:00 pm	Open Swim 1:00 - 4:00 pm				
Open Swim 7:00 - 8:30 pm	1 Lane 4:00 - 7:00 pm Open Swim 7:00 - 8:30 pm				
		WEDNES	DAY	<u> </u>	<u> </u>
RIVER	LAP POOL	ZERO DEPTH	SLIDE	ROPE	SWIM PROGRAMS
Adult Only 5:30 - 7:00 am	3 Lanes 5:30 - 8:00 am	Closed 5:30 - 11:00 am	Closed 5:30 - 11:00 am	Closed 5:30 am - 1:00 pm	Swim Lessons 8:00 - 10:15 am
Hydro Pump 7:00 - 8:00 am	H20 Aerobics 8:00 - 9:00 am	Open Swim 11:00 am - 8:30 pm	Open 11:00 am - 8:00 pm	Open 1:00 - 3:00 pm	Merit Badge 7:00 - 8:30 pm *Second Wednesday of the
Closed 8:00 - 10:00 am	Arthritis Foundation 9:15 - 10:15 am		Closed 8:00 - 8:30 pm	Closed 3:00 - 8:30 pm	month
Hydro Pump 10:00 - 10:45 am	2 Lanes 10:15 am - 1:00 pm				
Open Swim 11:00 am - 8:30 pm	t in the second of the second				
	Water Zumba 4:00 - 5:00 pm				
	2 Lanes 5:00 - 6:00 pm				
	H20 Aerobics 6:00 - 7:00 pm				
	1 Lane 7:00 - 8:30 pm	THURSE	DAY		
RIVER	LAP POOL	ZERO DEPTH	SLIDE	ROPE	SWIM PROGRAMS
RIVER Adult Only 5:30 - 7:00 am	LAP POOL 3 Lanes 5:30 - 8:00 am	ZERO DEPTH Closed 5:30 - 11:00 am	SLIDE Closed 5:30 - 11:00 am	ROPE Closed 5:30 am - 1:00 pm	SWIM PROGRAMS Swim Lessons 8:00 - 10:15 am
Adult Only 5:30 - 7:00 am	3 Lanes 5:30 - 8:00 am	Closed 5:30 - 11:00 am	Closed 5:30 - 11:00 am	Closed 5:30 am - 1:00 pm	Swim Lessons 8:00 - 10:15 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm Swim Lessons 5:00 - 6:45 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm Swim Lessons 5:00 - 6:45 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm	Closed 5:30 am - 1:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm Swim Lessons 5:00 - 6:45 pm SWIM PROGRAMS Might Kids' Triathlon Training
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm	Closed 5:30 am - 1:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm Swim Lessons 5:00 - 6:45 pm SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm	Closed 5:30 am - 1:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm Swim Lessons 5:00 - 6:45 pm SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm	Closed 5:30 am - 1:00 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm Swim Lessons 5:00 - 6:45 pm SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 1:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm Y SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm ROPE Closed 5:30 am - 3:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm	Swim Lessons 8:00 - 10:15 am Masters Swim 12:00 - 1:00 pm Swim Lessons 5:00 - 6:45 pm SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2)
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 1:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 5:30 am - 3:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm	SWIM PROGRAMS SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2)
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm RIVER Adult Only 7:00 - 8:00 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH Closed 7:00 am - 12:00 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 5:30 am - 3:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm	SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm RIVER Adult Only 7:00 - 8:00 am Hydro Pump 8:00 - 9:00 am Hydro Pump 8:00 - 9:00 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 9:00 am 1 Lane 9:00 am - 12:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH	Y SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm Y SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 8:00 - 8:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm ROPE Closed 7:00 am - 1:00 pm Open 1:00 - 3:00 pm	SWIM PROGRAMS SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Open Swim 10:30 am - 6:30 pm Open Swim 10:30 am - 6:30 pm Closed 9:00 am - 12:00 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 9:00 am 1 Lane 9:00 am - 12:00 pm 2 Lanes 12:00 am - 12:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH Closed 7:00 am - 12:00 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 5:30 am - 3:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm	SWIM PROGRAMS SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm RIVER Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm RIVER Adult Only 7:00 - 8:00 am Hydro Pump 8:00 - 9:00 am Hydro Pump 8:00 - 9:00 am	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 9:00 am 1 Lane 9:00 am - 12:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH Closed 7:00 am - 12:00 pm Open Swim 12:00 - 6:30 pm	Y SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm Y SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm OAY SLIDE Closed 7:00 am - 12:00 pm Open 12:00 - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 8:00 - 8:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm ROPE Closed 7:00 am - 1:00 pm Open 1:00 - 3:00 pm	SWIM PROGRAMS SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Open Swim 10:30 am - 6:30 pm Open Swim 10:30 am - 6:30 pm Closed 9:00 am - 12:00 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 9:00 am 1 Lane 9:00 am - 12:00 pm 2 Lanes 12:00 am - 12:00 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH Closed 7:00 am - 12:00 pm	Y SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm Y SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm OAY SLIDE Closed 7:00 am - 12:00 pm Open 12:00 - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 8:00 - 8:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm ROPE Closed 7:00 am - 1:00 pm Open 1:00 - 3:00 pm	SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm RIVER Adult Only 7:00 - 8:00 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm Closed 9:00 am - 12:00 pm Open Swim 12:00 - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 9:00 am 1 Lane 9:00 am - 12:00 pm 2 Lanes 10:00 - 1:00 pm Open Swim 1:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH Closed 7:00 am - 12:00 pm Open Swim 12:00 - 6:30 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm DAY SLIDE Closed 7:00 am - 12:00 pm Open 12:00 - 6:00 pm Closed 6:00 - 6:30 pm	ROPE Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 5:30 am - 3:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm ROPE Closed 7:00 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 6:00 pm	SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am Swim Lessons 9:00 am - 12:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm RIVER Adult Only 7:00 - 8:00 am Hydro Pump 8:00 - 9:00 am Closed 9:00 am - 12:00 pm Open Swim 12:00 - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 9:00 am 1 Lane 9:00 am - 12:00 pm Open Swim 1:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH Closed 7:00 am - 12:00 pm Open Swim 12:00 - 6:30 pm	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm OAY SLIDE Closed 7:00 am - 12:00 pm Open 12:00 - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 8:00 - 8:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm ROPE Closed 7:00 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 6:00 pm	SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am Swim Lessons 9:00 am - 12:00 pm
Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Closed 8:00 - 10:15 am Hydro Pump 10:15 - 10:45 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:00 pm Hydro Pump 6:00 - 6:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm Open Swim 6:45 - 8:30 pm Adult Only 5:30 - 7:00 am Hydro Pump 7:00 - 8:00 am Adult Only 8:00 - 9:30 am Open Swim 10:30 am - 6:30 pm RIVER Adult Only 7:00 - 8:00 am Hydro Pump 9:30 - 10:30 am Open Swim 10:30 am - 6:30 pm Open Swim 12:00 - 8:00 am Closed 9:00 am - 12:00 pm Open Swim 12:00 - 6:30 pm	3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Low Impact 9:15 - 10:15 am Deep Water 9:45 - 10:15 am 2 Lanes 10:15 am - 12:00 pm Closed 12:00 - 1:00 pm Open Swim 1:00 - 4:00 pm 1 Lane 4:00 - 6:30 pm Deep Water 6:30 - 7:00 pm Open Swim 7:00 - 8:30 pm LAP POOL 3 Lanes 5:30 - 8:00 am H20 Aerobics 8:00 - 9:00 am Arthritis Foundation 9:00 - 10:00 am 2 Lanes 10:00 am - 1:00 pm Open Swim 1:00 - 4:00 pm Lap Swim 4:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 9:00 am 1 Lane 9:00 am - 12:00 pm Open Swim 1:00 - 6:30 pm LAP POOL 3 Lanes 8:00 - 1:00 pm Open Swim 1:00 - 6:30 pm	Closed 5:30 - 11:00 am Open Swim 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open Swim 6:45 - 8:30 pm FRIDA ZERO DEPTH Closed 5:30 - 9:00 am Open Swim / No Features 9:00 - 10:00 am Open Swim 10:00 am - 6:30 pm SATURE ZERO DEPTH Closed 7:00 am - 12:00 pm Open Swim 12:00 - 6:30 pm SUNDA ZERO DEPTH Closed 8:00 - 10:00 am	Closed 5:30 - 11:00 am Open 11:00 am - 4:50 pm Closed 4:50 - 6:45 pm Open 6:45 - 8:00 pm Closed 8:00 - 8:30 pm SLIDE Closed 5:30 - 11:00 am Open 11:00 am - 6:00 pm Closed 6:00 - 6:30 pm Open 12:00 - 6:00 pm Closed 6:00 - 6:30 pm	Closed 5:30 am - 1:00 pm Open 1:00 - 3:00 pm Closed 3:00 - 7:00 pm Open 7:00 - 8:00 pm Closed 8:00 - 8:30 pm Closed 8:00 - 8:30 pm Open 3:30 - 4:00 pm Closed 4:00 - 6:30 pm Open 1:00 - 3:00 pm Closed 3:00 - 6:00 pm Closed 3:00 - 6:00 pm	SWIM PROGRAMS Might Kids' Triathlon Training 10:00 - 11:00 am (July 5 - August 2) SWIM PROGRAMS Masters Swim 7:00 - 8:00 am Swim Lessons 9:00 am - 12:00 pm

Swimming Lessons

SWIMMING LESSONS

PARENT & CHILD AGES 6 MONTHS - 3

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:8 teacher to student ratio.

Swim - Parent & Child 1 (ages 6 months - 24 months)

Parents are taught to safely work with their children in the water, including how to appropriately support and hold their child in the water to prepare and encourage them to try basic water skills while helping the child feel comfortable in the water.

Parent & Child Level 2 (ages 18 months - 3)

Parent and child continue to improve on skills introduced in Level 1 to help prepare the child to perform basic water skills including safe ways to enter and exit the water, exploring submersion and changing body position in the water.

Parent & Child Combined (C) (ages 6 months - 3)

This program is designed to teach children how to become accustomed to the water through playful interactions and games. Parents learn how to support and hold their child properly while exploring basic water skills.

PRESCHOOL AGES 3-5

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:4 teacher to student ratio.

Preschool I

Students will be taught basic water safety skills and basic arm and leg movements to help develop comfort in the water. In addition, students will learn to enter and exit the water independently and float with support.

Prerequisite: Child must be ready to participate in a group setting.

Preschool 2

Students will build upon the basic skills learned in Preschool 1 and begin to learn independent aquatic locomotion skills. The use of simultaneous and alternating arm and leg actions on the front and back will help in the development of future stroke work.

Prerequisite: Pass Preschool 1; OR Go underwater without hesitation; comfortable floating on front and back with support.

Preschool 3

Students will be taught to perform the skills presented in Preschool 1 and 2 independently to reach greater distances and develop good coordination. The use of combined simultaneous arm and leg actions will continue to help the student build a foundation for proper stroke development.

Prerequisite: Pass Preschool 2; OR Independently floating on front and back for 5 seconds; forward movement through water.

YOUTH AGES 6 - 16

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:6 teacher to student ratio.

Level 1: Introduction to Water Skills

Students will be taught basic water safety to help build comfort in the water. Elementary aquatic skills such as putting your face in the water, floating with support and basic arm and leg movements will be taught to help build confidence in the water.

Prerequisite: Child must be ready to participate in a group setting.

Level 2: Fundamental Aquatic Skills

Students will build on their confidence in the water by learning to float independently and begin development of locomotion skills. Students will also further develop simultaneous and alternating arm and leg actions on the front and back for future stroke development. Prerequisite: Pass Level 1; OR Go underwater without hesitation; comfortable floating on front and back with support.

Level 3: Stroke Development

Students will build on skills learned in Levels 1 and 2 and start to learn stroke proficiency in the front crawl and elementary backstroke. Students will also be introduced to the fundamentals of treading water to help build comfort in deep water.

Prerequisite: Pass Level 2; OR Independently floating on front and back for 5 seconds; forward movement through water.

Level 4: Stroke Improvement

Students will continue development of learned strokes (front crawl, elementary backstroke) to achieve greater distances and proficiency. Students will also be introduced to the back crawl, breaststroke, side stroke and butterfly to help build on their aquatic skills.

Prerequisite: Pass Level 3: OR Swim 15 yards front crawl with rotary.

Prerequisite: Pass Level 3; OR Swim 15 yards front crawl with rotary breathing.

Level 5: Stroke Refinement

Students will refine their performance of all strokes (front crawl, back crawl, butterfly, breaststroke, sidestroke, and elementary backstroke) and increase their distances. Flip turns for the front crawl and back crawl will also be introduced.

Prerequisite: Pass Level 4; OR Swim 25 yards front and back crawl.



ADULT - AGES 16+

Adult Swim Lessons

It is never too late to learn to swim or improve your skills! This class is for all abilities and offers individualized instruction within a supportive group environment. The instructor works at your level to help you meet your swimming goals. Abilities can range from learning to conquer your fear of the water, developing your strokes or even training you for triathlons.

Day: Monday

Dates: 6431.210 – June 3 – July 1

6431.220 – July 8 – August 5

Time: 7:15 – 8:00 pm Fee: R \$29 / NR \$35

Masters Swim Team

Masters Swim Team is designed for swimmers who have basic knowledge of the competitive strokes, but want to improve their competitive swimming skills. Swimmers will be working on all aspects of competitive stroke technique and drills, turns, and endurance. Masters Swim is offered Tuesdays, Thursdays and Saturdays. You are welcome to choose to join us once, twice or three times a week.

Day: Tuesday / Thursday / Saturday - June 4 – August 31

Time: 12:00 – 1:00 pm (Tuesday & Thursday)

7:00 – 8:00 am (Saturday)

Fee: Resident 15 Punch Card = \$55

Non-Resident 15 Punch Card = \$69

7

Swimming Lessons (cont.)

MONDAY - THURSDAY AM						
JUNE #1		JUNE 3	- JUNE 13	2 WEEKS	R \$39 /	NR \$49
JUNE #2		JUNE 17	- JUNE 27	2 WEEKS	R \$39 /	NR \$49
JULY #1		JULY 1 - JULY 11	*No Class July 4	2 WEEKS	R \$35 /	NR \$45
JULY #2		JULY 15	- JULY 25	2 WEEKS	R \$39 /	NR \$49
AUGUST		JULY 29 -	AUGUST 8	2 WEEKS	R \$39 /	NR \$49
CLASS	TIME	JUNE #1	JUNE #2	JULY #1	JULY #2	AUGUST
PARENT & CHILD 1	8:35 am	6414.210	6414.220	6414.230	6414.240	6414.250
PARENT & CHILD 2	9:10 am	6415.210	6415.220	6415.230	6415.240	6415.250
PRESCHOOL 1	8:00 am	6410.210	-	6410.230	-	6410.250
	8:35 am	6410.211	6410.221	6410.231	6410.241	6410.251
	9:10 am	6410.212	6410.222	6410.232	6410.242	6410.252
	9:45 am	6410.213	6410.223	6410.233	6410.243	6410.253
PRESCHOOL 2	8:00 am	-	6411.220	-	6411.240	-
	8:35 am	6411.211	6411.221	6411.231	6411.241	6411.251
	9:10 am	6411.212	6411.222	6411.232	6411.242	6411.252
	9:45 am	6411.213	6411.223	6411.233	6411.243	6411.253
PRESCHOOL 3	8:00 am	6412.216	6412.226	6412.236	6412.246	6412.256
	9:10 am	6412.210	6412.220	6412.230	6412.240	6412.250
	9:45 am	6412.211	6412.221	6412.231	6412.241	6412.251
LEVEL 1	8:00 am	6401.210	6401.220	6401.230	6401.240	6401.250
	9:45 am	6401.211	6401.221	6401.231	6401.241	6401.251
LEVEL 2	8:00 am	6402.210	6402.220	6402.230	6402.240	6402.250
	9:10 am	6402.211	6402.221	6402.231	6402.241	6402.251
	9:45 am	6402.212	6402.222	6402.232	6402.242	6402.252
LEVEL 3	8:35 am	6403.210	6403.220	6403.230	6403.240	6403.250
LEVEL 4	8:00 am	6404.210	6404.220	6404.230	6404.240	6404.250

TUESDAY & THURSDAY PM					
JUNE #1	JUNE 4 - JUNE 20	3 W	EEKS	R \$29 / NR \$35	
JUNE #2	JUNE 25 - JULY 18	4 W	EEKS	R \$35 / NR \$45	
JULY #2	JULY 23 - AUGUST 8	3 WI	EEKS	R \$29 / NR \$35	
CLASS	TIME	JUNE #1	JUNE #2	JULY	
PARENT & CHILD COMBINED	5:00 pm	6416.210	6416.220	6416.230	
PRESCHOOL 1	5:00 pm	6410.214	6410.224	6410.234	
	6:10 pm	6410.215	6410.225	6410.235	
PRESCHOOL 2	5:00 pm	6411.214	6411.224	6411.234	
	6:10 pm	6411.215	6411.225	6411.235	
PRESCHOOL 3	5:35 pm	6412.212	6412.222	6412.232	
	6:10 pm	6412.213	6412.223	6412.233	
LEVEL 1	5:35 pm	6401.212	6401.222	6401.232	
LEVEL 2	6:10 pm	6402.213	6402.223	6402.233	
LEVEL 3	5:00 pm	6403.211	6403.221	6403.231	
LEVEL 4	5:35 pm	6404.211	6404.221	6404.231	

^{*}Refer to Registration Dates on page 9

Swimming Lessons (cont.)

SATURDAY AM					
JUNE	JUNE 1 - JUNE 29	4 WEEKS	R \$25 / NR \$29		
JULY	JULY 6 - AUGUST 3	4 WEEKS	R \$25 / NR \$29		
CLASS	TIME	JUNE	JULY		
PARENT & CHILD 1	9:45 am	6414.211	6414.221		
PARENT & CHILD 2	10:30 am	6415.211	6415.221		
PRESCHOOL 1	9:00 am	6410.216	6410.226		
	9:45 am	6410.218	6410.228		
	10:30 am	6410.219	6410.229		
	11:15 am	6410.217	6410.227		
PRESCHOOL 2	9:00 am	6411.216	6411.226		
	10:30 am	6411.217	6411.227		
	11:15 am	6411.218	6411.228		
PRESCHOOL 3	9:00 am	6412.214	6412.224		
	10:30 am	6412.215	6412.225		
LEVEL 1	9:45 am	6401.213	6401.223		
	11:15 am	6401.214	6401.224		
LEVEL 2	9:00 am	6402.214	6402.224		
	11:15 am	6402.215	6402.225		
LEVEL 3	9:00 am	6403.212	6403.222		
	10:30 am	6403.213	6403.223		
LEVEL 4	9:45 am	6404.212	6404.222		
LEVEL 5	11:15 am	6405.210	6405.220		

In an effort to better place your child into their appropriate level, registration dates are as follows:

	Resident	Non-Resident	
JUNE #	1 SESSION		
Monday - Thursday AM			
Tuesday & Thursday PM	April 20	April 27	
Saturday AM			
JUNE #	2 SESSION		
Monday - Thursday AM	June 8	lune 40	
Tuesday & Thursday PM	Julie 8	June 10	
JULY #1 SESSION			
Monday - Thursday AM June 22		luno 34	
Saturday AM	Julie 22	June 24	
JULY#	2 SESSION		
Monday - Thursday AM	lulu 6	Luly O	
Tuesday & Thursday PM	July 6	July 8	
AUGUS	T SESSION		
Monday - Thursday AM	July 20	July 22	

AQUATICS PROGRAMS

Stroke Clinic (ages 8-16)

Stroke Clinic is designed for swimmers who can swim at least 25 yards on their front and back and have basic knowledge of the breaststroke and butterfly but are looking to improve their competitive swimming skills outside of their scheduled swim team practice. Swimmers will be working on all aspects of the competitive strokes including technique, drills, turns, starts (without blocks), and finishes.

Day: Tuesday

Dates: 6418.210 - June 11 - July 11

Time: 6:20 - 7:00 pm Fee: R \$45 / NR \$59

American Red Cross Lifeguard Training (ages 15+)

Courses provide a generalized view of lifeguarding skills and practices. CPR/AED/First Aid for the Professional Rescuer included. Swimming skills pretest involves: swimming 300 meter continuous swim, 100 meter front crawl, 100 meter breast stroke, 100 meter choice between front crawl or breast stroke, swim 20 meters and dive down 10 feet and retrieve a diving brick and swim back. Registration ends one week prior to start of class.

Dates: 6450.130 - May 28 - 31 (Tuesday - Friday)

Time: 9:00 am - 5:00 pm Fee: R \$119 / NR \$149

Mighty Kids' Triathlon Training

This program is designed for kids who want to participate in the Mighty Kids' Triathlon and would like to also work on their stroke techniques along with some endurance work.

Day: Friday

Dates: 6420.210 - July 5 - August 2 Time: 10:00 - 10:30 am - 8 & under

Dates: 6420.211 – July 5 - August 2 Time 10:30 - 11:00 am - 9 & over

Fee: R \$19 / NR \$25

PRIVATE LESSONS For private lessons please of

For private lessons please call 303.926.2567

	1/2 Hour Lessons	R	NR	
)	1-2 Private Lessons (per lesson)	\$19	\$25	
,	3-6 Private Lessons (per lesson)	\$18	\$23	

Aquatic Fitness Classes

AQUATIC FITNESS CLASSES

H₀ Aerobics

Join us for a total body workout that will physically challenge you! You will get the same fitness benefits as land aerobics, including excellent cardiovascular conditioning, muscle toning, flexibility and fat burning. The water provides great resistance and a low-impact workout. This class is for everyone! Join us for a change of pace, for cross-training or for general fitness.

Monday - Friday: 8:00 - 9:00 am Monday & Wednesday: 6:00 - 7:00 pm

Arthritis Foundation Water Exercise

Nearly 46 million Americans have been diagnosed with a form of arthritis. Come join our Arthritis Foundation water exercise classes which are designed to keep joints moving, reduce joint pain, restore and preserve strength, flexibility, and protect joints against further damage.

Monday, Wednesday, & Friday: 9:15 - 10:15 am

Hydro Pump/Deep Water Combo

This comprehensive workout will be in two parts. Half hour of the class you will workout in the lazy river for a not so lazy class. During this portion of the class, instructors use water weights, noodles, and more to provide a challenging and exciting workout. The other half of the class, you move to the deep end of the pool and continue working cardiovascular fitness, flexibility, strength, muscle tone, and increase fat burning. Flotation devices (hand buoys, belts, and noodles) provide stability and flotation; however, you should feel comfortable in the deep water.

Tuesday & Thursday: 9:45 - 10:15 am (deep end)

10:15 - 10:45 am (river)

Thursday: 6:00 - 6:30 pm (river)

6:30 - 7:00 pm (deep end)



Hydro Pump

This is our highest intensity class! Gain strength and endurance like you would on land, but have the extra resistance from working against the river current.

 Monday - Friday:
 7:00 - 8:00 am

 Monday & Wednesday:
 10:00 - 10:45 am

 Tuesday:
 6:00 - 7:00 pm

 Friday:
 9:30 - 10:30 am

 Saturday:
 8:00 - 9:00 am

Low Impact/Low Intensity & Pre/Post Natal Class

Enjoy a fun relaxing, low impact workout in the water! This class includes cardiovascular conditioning, flexibility, strengthening, and spine stabilization. Pre/Post natal participants need a doctor's release prior to participating in this class.

Tuesday & Thursday: 9:15 - 10:15 am

Aqua Zumba®

Jump into the Latin inspired, easy to follow, calorie burning, dance fitness party that makes working out a splash!

Monday & Wednesday: 4:00 - 5:00 pm



Fitness & Wellness

PERSONAL TRAINING

Let a nationally certified personal trainer help you optimize your workout. Work one-on-one or bring a friend and we'll help you reach your fitness goals. You will learn various exercises that build strength and endurance, enhance body composition and improve overall cardiovascular fitness. Personal training sessions are made by appointment only. Please register in person at Guest Service.

PERSONAL TRAINING FEES (AGES 18+)

	Resident	Non-Resident
1 Session	\$39	\$49
3 Sessions	\$115	\$145
6 Sessions	\$209	\$259
12 Sessions	\$399	\$499

PARTNER TRAINING FEES (AGES 18+)

	Resident	Non-Resident
1 Session	\$49	\$59
3 Sessions	\$135	\$169
6 Sessions	\$245	\$305
12 Sessions	\$469	\$585

PILATES REFORMER SESSION (AGES 18+)

The Pilates Reformer safely and effectively improves strength, flexibility and balance by developing long, lean muscles. Pilates Reformer training can also restore postural alignment, increase joint range of motion and correct over-training of muscle groups. Sessions are by appointment only. Please register in person at Guest Service.

	Resident	Non-Resident
1 Session	\$39	\$49
3 Sessions	\$105	\$129
6 Sessions	\$185	\$229
12 Sessions	\$299	\$375

FITNESS EQUIPMENT ORIENTATIONS (AGES 15+)

Fitness equipment orientations are provided at no charge to pass holders and day users. Our fitness staff will provide an orientation and demonstration of the cardiovascular and Nautilus One™ weight machines. Orientations are 30 minutes.

Pass holders may schedule a separate orientation (at no charge) for the FitLinxx[™] system – a computerized personal trainer. FitLinxx[™] takes the guess work out of exercise by providing the user with access to their unique fitness program information. FitLinxx[™] tracks aerobic workouts and provides workout summaries. Users can also access their personal FitLinxx[™] information on the internet anytime. FitLinxx[™] orientations are 30 minutes.

FITNESS ASSESSMENTS (AGES 18+)

Fitness Assessments include body composition measurement, cardiovascular, flexibility, strength tests, and consultation with a personal trainer. Assessments are one hour. Please visit Guest Service to schedule your assessment.

Fee: R \$35 / NR \$45

BODY FAT & LEAN BODY MASS TESTING (AGES 18+)

We offer body fat testing with the bioelectric impedance measurement system. This instrument measures your lean body mass to fat ratio. The test is quick, noninvasive and comprehensive. Please register in person at Guest Service.

Fee: R \$15 / NR \$19

YOUTH FITNESS EQUIPMENT POLICY (AGES 7-14)

To use track only: Ages 7-12 with adult supervision.

To use cardio equipment:

Ages 11-12 must complete an orientation with a Fitness Attendant (parent/guardian must be present and sign waiver); then may use areas <u>with</u> adult supervision.

Ages 13-14 must complete an orientation with a Fitness Attendant (parent/guardian must be present and sign waiver); then may use areas without adult supervision.

To use Nautilus One™ weight machines:

Ages 11-12 must complete a Youth Fitness Equipment Certification (parent/guardian must sign waiver); then may use machines with adult supervision.

Ages 13-14 must complete a Fitness Equipment Certification (parent/guardian must sign waiver); then may use machines <u>without</u> adult supervision.

YOUTH FITNESS EQUIPMENT CERTIFICATION (AGES 11-14)

Your child will meet with a personal trainer for two 1-hour sessions on his or her own to learn the fundamentals of weight training on the Nautilus One^{TM} weight machines while focusing on safety and proper lifting technique. By appointment only - contact the Center for details.

Class	Resident	Non-Resident
Private (two 1-hour sessions)	\$49	\$59
Partner (2 children for two 1-hour sessions)	\$25 (per child)	\$29 (per child)

FitLinxx™ Incentive Program - FREE!

Be rewarded for working out and reaching your fitness goals! By becoming a member of FitLinxx™, the more you exercise the more FitPoints you earn, and the more prizes you can receive! For more information see a Fitness Attendant.

Fitness & Wellness (cont.)

FITNESS CLASSES OFFERED AT THE ERIE COMMUNITY CENTER INCLUDE:

- All Levels Yoga
- Arthritis Foundation Exercise Class
- BODYCOMBAT®
- BODYPUMP®
- Barre Tone
- Cardio Circuit
- Core Strength
- Express Core
- Gentle Yoga
- Interval Training
- Mommy Intervals
- Muscle Conditioning
- Nia®
- Outdoor Boot Camp

- Pilates
- Piloxing
- Power Step
- Ride 60
- SilverSneakers® Cardio Circuit
- SilverSneakers® Muscular Strength
 & Range of Movement
- Step Interval
- Total Body Conditioning
- Yoga
- Zumba®
- Zumba Gold®

For class descriptions, visit www.erieco.gov/fitness









Get involved in one of our newest and most popular classes!

Born in the Navy SEALs, TRX® Suspension Training® uses bodyweight exercises to simultaneously develop strength, power, endurance, mobility, durability, balance, flexibility, and core stability.

Regardless of your age, if you are out of shape or a pro athlete, injured or at the top of your game, TRX Suspension Training meets you where you are and takes you where you want to go.

Classes are 6 weeks long and you're able to choose the days and times that work best for you. Go once a week or five times a week, the choice is yours!

One 6 week session (one class per week) is R \$39 R / NR \$49 Transform your body into its own machine, reach your goals and get the results you want!

Fitness & Wellness (cont.)

SESSION BASED PROGRAMS

Group Run (ages 18+)

If you are new to running or tired of your current fitness routine this class will get you started on the right foot. Our running coach, Doug Croft, will help you prepare for the Heart and Sole 10K and Half Marathon on August 25 with a different running workout each week. Both beginner and intermediate runners will be challenged. Class meets Wednesdays at 5:30 am for speed training and Sundays at 7:00 am for long runs.

Day: Wednesday & Sunday
Dates: 7528.211 July 3 - August 25
Times: Wednesday 5:30 - 6:30 am
Sunday 7:00 - 8:00 am

Fee: R \$69 / NR \$85

Mighty Kids' Triathlon Training (ages 7-12)

This clinic will help prepare your child for the Mighty Kids' Triathlon on August 11. The swim, bike, and run portions will be covered as well as how to transition between each event. Children ages 7 and older MUST be able to swim at least one full lap length to participate in the triathlon. Clinic registration includes the Mighty Kids' Triathlon registration fee.

Day: Monday & Wednesday
Dates: 7550.207 - July 29 - August 7

Times: 4:00 - 5:00 pm Fee: R \$49 / NR \$59

Youth Sports Conditioning (ages 9-14)

This is a pre-season training program designed to help young athletes stay in peak physical shape between seasons. The goal is to develop cardiovascular and respiratory endurance, strength, stamina, speed, power, flexibility, coordination, agility, balance and accuracy. Whether you're a very talented youngster who envisions getting a college scholarship, or you would just like to keep active, this is the program for you.

Day: Tuesday & Thursday
Dates: July 9 - August 29

Times: 7576.123 - Ages 9-11, 8:00 - 8:45 am

7576.124 - Ages 12-14, 8:45 - 9:30 am

Fee: R \$89 / NR \$109

Prenatal Yoga

A prenatal yoga practice can help you relax your mind, strengthen your muscles, bond with your baby and prepare for childbirth. Prenatal yoga is a gentle and supportive class in which the classic yoga postures are modified for your body's changing needs. Focus is on developing strength, flexibility, proper breathing, and an inner peace as preparation for birth and motherhood. Each class opens with a sharing circle to allow you to freely discuss the exciting new changes you and baby are experiencing as well as the discomforts and concerns that arise. No prior yoga experience is necessary. Join our prenatal class as early in your pregnancy as you wish!

Day: Sunday
Dates: June 2 - July 28
Times: 9:00 - 10:15 am
Fee: Free for ECC Pass holders

Daily admission for all others per visit

NEW

Zumba Party (ages 13+)

Are you looking for a real dance party? Well get ready because the Erie Community Center is hosting its second Zumba Party! Whether you're a frequent Zumba participant or just looking for something new this is the party for you! This is a one time, extended Zumba class that you won't want to miss! Ditch the workout, join the party!

Day: Friday

Dates: 7576.139 - June 28 Times: 5:30 - 7:00 pm Fee: R \$5 / NR \$7

Restorative Yoga (ages 18+)

Life becomes quite stressful when we feel pulled in so many directions. Making quality time for ourselves to relax and restore our sense of inner balance, peace and harmony is essential to our well being. Restorative yoga is specifically designed to bring your body and mind into this harmonious state of balance. The body is supported by yoga props (straps, blocks and blankets) allowing the body to completely let go, relax and release muscle tension and built up toxins. The mind is quieted as we focus our breath. Some gentle movements will allow for deeper relaxation in supported poses. Conditions such as insomnia, chronic pain, migraines and depression are often mitigated by regular restorative practice.

Day: Wednesday

Dates: 7576.121 - July 10 - August 14

Times: 5:30 - 6:30 pm Fee: R \$55 / NR \$69

QI-Gong (ages 18+)

Qi-gong, in other words, "Energy Cultivation", is the practice of coordinating one's mind, breathing, and body movement to improve circulation throughout the body. Based on one's practice, mental attitude, metabolism, sleep, physical strength and balance, and thus overall health will display significant improvement. This 75 minute class will consist of warm-ups and learning such movements as the: Yuan Gong, Pai Da Gong and the Ba Duan Jin (Eight Section Brocade). Loose clothing is recommended. Registration deadline is one week prior to class start date.

Day: Tuesday

Date: 5313.206 – July 9 – July 30

5313.208 – August 6 – August 27

Time: 11:30 am – 12:45 pm Fee: R \$35 / NR \$45

Erie Never Stops Walking (ages 50+)

Join us on the Erie Community Center walking track for this indoor walking program. This program offers two days a week to walk. We will gather on Mondays as a group on the bridge and then walk the track for an hour. You can then choose to walk either Wednesday or Thursday as your second day. On Mondays the group is lead by a staff member who is there to assist and help you. The goal of each session is to "walk" the distance to a designated location on a map, and the ultimate goal after each session is to walk or run a 5K race together. The last day of the session we will have a party to celebrate our great success! Registration is not required. For questions or more information, please call 303.926.2795.

Day: Monday & Wednesday or Thursday

Date: June 10 – August 15 Time: 10:00 – 11:00 am

Fee: Free for SilverSneakers members and ECC Pass holders

Daily admission for all others per visit



Climbing Wall Schedule

June - August 2013 (subject to change)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open							
9:00 am						Parent/Child* 9-9:45	Unsupervised Open Climb
10:00 am						Mini Climbers* 10-11	Open - 11
11:00 am			Unsupervised Open Climb				
12:00 pm							Supervised Open Climb &
1:00 pm						Supervised	Birthday
2:00 pm						Open Climb & Birthday	Parties*
3:00 pm						Parties* 11-6	
4:00 pm	Parent/Child*		Lil' Girls Rock*	Rock Stars*			
	4:30-5:30		4:30-5:30	4:30-5:30			Unsupervised
5:00 pm	Mini Climbers*	Supervised Open Climb	Girlz Rock*		Rock On!*/ Supervised		Open Climb 5-6
	5:30-6:30	4-7	5:30-6:30		Open Climb (alternating		
6:00 pm	Adult Intro*		Unsupervised Open Climb 6:30-7	Supervised Open Climb 5:30-8	weeks) 5-7	Unsupervised Open Climb 7-8	
7:00 pm	6:30-8	Climb On! 7-8:30	Adult Level 2* 7-8:30				
	Unsupervised				Center Closed	Center Closed	Center Closed
8:00 pm	Open Climb 8-9	Unsupervised Open Climb 8:30-9	Unsupervised Open Climb 8:30-9	Unsupervised Open Climb 8-9			

*Climbing classes or Party - depending on class size, wall may not be available for open climbing.

- Pass or daily admission required for all open climb times
- Supervised Open Climb Wall is open to all users. All uncertified climbers must purchase a belay ride at Guest Service or have a valid appearance.
- Unsupervised Open Climb Wall is open to ECC Certified climbers only, no staff available to belay

Belay Rides (ages 3+)

Come and enjoy the thrill of the pinnacle! Climbing wall attendants will belay climbers on the climbing wall. Equipment is included. Closed toe shoes are required. Free with annual pass. Please show pass to attendant.

Day: Available during supervised open climb

Fee: R \$2.50 / NR \$3 for 1 day of climbing R \$10 / NR \$12.50 for a 5 day punch card

Climbing Wall Certification Test (ages 15+)

Climbing Wall Certification Tests are available during supervised open climb. Climbing certification will allow a guest to use the wall during supervised and unsupervised climbing wall hours.

Climb On!

Designated climb times for ECC certified climbers to network with other climbers. Climb On! will have staff available to belay.

Climbing Belay Certification (ages 15+)

This course will teach participants about proper belay techniques and commands. Participants must attend both classes. All participants who attend and pass the class will receive an ECC belay certification card. This card will allow individuals to climb, belay and/or boulder during open climbing wall hours with a valid pass or daily admission.

Day: Wednesday
Dates: 8610.206 - June 12

8610.207 - July 10 8610.208 - August 7

Time: 6:30 - 8:30 pm Fee: R \$39 / NR \$49

Climbing Belay Refresher (ages 15+)

This clinic will refresh climbers on proper belay techniques. Prior experience with belay technique or ECC climbing certification is required.

Day: Monday

Dates: 8611.206 - June 10

8611.207 - July 8 8611.208 - August 12

Time: 7:00 - 8:00 pm Fee: R \$5 / NR \$9

Climbing (cont.)

CLIMBING PROGRAMS

Parent / Child Climb (ages 4-5)

An opportunity for parents to participate with their child in an introductory level rock climbing course. No experience needed. Climbing safety, commands, and techniques will be introduced. Parents will learn how to put on their child's harness, spot their child, as well as cheer on and support their child. Parents that are ECC belay certified climbers will be able to belay for their child. Parent attendance is mandatory for all classes. Closed toe shoes are required for children.

Day: Saturday

Dates: 8660.206 - June 8 - July 6

8662.207 - July 13 - August 10

Time: 9:00 - 9:45 am Fee: R \$39 / NR \$49

Day: Monday

Dates: 8662.206 - June 10 - July 8

8660.207 - July 15 - August 12

Time: 4:30 - 5:30 pm Fee: R \$39 / NR \$49

Mini Climbers (ages 6-9)

This is a great class for youngsters of all levels of climbing ability. Participants will learn teamwork, balance, coordination, commands, technique, and much more. Closed toe shoes are required.

Day: Wednesday

Dates: 8630.206 - June 5 - July 3

8630.207 - July 10 - August 7

Time: 4:30 - 5:30 pm Fee: R \$45 / NR \$55

Day: Saturday

Dates: 8631.206 - June 8 - July 6

8631.207 - July 20 - August 17

Time: 10:00 - 11:00 am Fee: R \$45 / NR \$55

Lil' Girls Rock (ages 6-8)

Little girls rock too! We introduce the sport of climbing from a girl's point of view. This is a beginner climbing class that will teach basic climbing movements, the figure eight knot, commands and ways to keep climbing safe. All topics are taught in a fun way just for girls! Closed toe shoes are required.

Day: Wednesday

Dates: 8644.206 - June 5 - July 3

8644.207 - July 10 - August 7

Time: 4:30 - 5:30 pm Fee: R \$45 / NR \$55

Rock On! (ages 8-14)

Come join us every other Friday through the entire summer in this brand new class. Safety, technique development, and basic movements are the main focus of this class. Rock On! is perfect for those kids who have moved beyond Mini Climbers or Lil' Girls Rock, but are not ready for Rock Star Climbers. All skill levels are welcome. Closed toed shoes are required. During the "off" weeks of this class, the wall will be open for supervised climb.

Day: Friday (every other)
Dates: 8650.201 - June 7 - August 2

Time: 5:00 - 7:00 pm Fee: R \$65 / NR \$75



Girls Rock (ages 8-14)

Girls rule in this class! This is a more advanced class than Lil' Girls Rock. The sport of climbing is taught from a female's point of view. Taught by an experienced female teacher, this class focuses on advanced movements, gear selection, as well as, additional climbing techniques - all in a fun and supportive way. Closed toe shoes are required.

Day: Wednesday

Dates: 8645.206 - June 5 - July 3

8644.207 - July 10 - August 7

Time: 5:30 - 6:30 pm Fee: R \$45 / NR \$55

Rock Star Climbers (ages 8-14)

Advanced climbing movements and technique are developed in this class. This class is designed to be the next step up for those that have out grown the Mini and Youth Climbers classes. Closed toe shoes are required. *No Class on Thursday, July 4

Day: Thursday

Dates: 8670.201 - June 6 - June 27

Fee: R \$35 / NR \$45

Dates: 8671.201 - July 11 - August 8

Fee: R \$45 / NR \$55

Time: 4:30 - 5:30 pm

Youth Climbing Camp (ages 7-14)

Campers will spend the week having fun at the climbing wall. Technical aspects of climbing such as body positioning, foot placement and hand grips will be discussed. In addition, we will have contests, equipment demos and various games to play. Climbers will try to accomplish climbing routes on our wall of varying difficulty. The students will also work on developing their bouldering skills. Closed toe shoes are required.

Day: Tuesday - Friday

Dates: 8625.206 - May 28 - May 31

Fee: R \$72 / NR \$88

Day: Monday - Friday
Dates: 8625.207 - July 8 - July 12
Fee: R \$89 / NR \$109

5:00 - 7:00 pm

Adult Intro to Climbing Level 1: Intro to Indoor Climbing (ages 15+)

Participants will learn and practice basic climbing commands and movement. Participants will also learn how to belay and become ECC belay certified through this course. General climbing equipment and its practical use will also be covered. Closed toe shoes are required.

Day: Monday

Time:

Dates: 8680.206 - June 3 - July 1

8680.207 - July 15 - August 12

Time: 6:30 - 8:00 pm Fee: R \$55 / NR \$69

Adult Climbing Level 2: Transition to Outdoors (ages 15+)

This course will teach participants advanced climbing movements and techniques, and give participants plenty of practice to master the techniques. Other class topics also include: safety considerations, reducing environmental impact when climbing outdoors, as well as gear for outdoor climbing and its use. The purpose of the Level 2 class will be to prepare participants to be able to climb outside with an experienced partner, or guide, who would be the lead climber. Participants must be proficient in top rope belay techniques. Closed toe shoes are required and climbing shoes are highly recommended.

Day: Wednesday

Dates: 8681.206 - June 5 - July 3

8681.207 - July 10 - August 7

Time: 7:00 - 8:30 pm Fee: R \$55 / NR \$69

Youth General Interest



"Busy Days" (ages newborn - 18 mos)

Bond with your baby, and connect with mommies just like you! Our parent-infant activities for lap babies, crawlers or new walkers include: singing, listening, instrument play, literature and creative movement. Walkers belong in this class up to the 18-20 month age of running and using 20 words. We will explore baby's world with imaginary trips to the grocery store, the playground, the doctor, the pool, and a family picnic. At home materials include CD/mp3, board book, baby-safe "musical shapes" bell and activity poster. An additional \$35 materials fee is due to instructor by check or cash on first day.

Day: Tuesday

Date: 3217.206 - June 25 - July 23 (No class July 2)

Time: 10:30 - 11:15 am Fee: R \$39 / NR \$49

Wiggle & Grow "Down On The Ground" (ages 18 mos - 3)

For busy parents - trying to bond with busier tots! You and your toddler will love to sing, listen, play simple instruments like sticks and sandblocks, act out a story and discover creative ways to move – together! We'll explore our imaginary backyard, discovering busy squirrels, hopping rabbits, hiding caterpillars, eency weency spiders - and more! In class, we'll also share tips and ideas for using music throughout the week. Your class price includes the Kindermusik@ Home digital home materials, including music from class, interactive online activities, and our storybook from class in e-book format.

Day: Tuesday

Date: 3216.206 - June 25 - July 23 (No class July 2)

Time: 9:30 - 10:15 am

Fee: R \$55 / NR \$69 - Sibling Fee: R \$45 / NR \$59

AMERICAN RED CROSS TRAINING CLASSES

American Red Cross - Babysitter's Training (ages 11-15)

The American Red Cross Babysitter's Training course provides individuals, ages 11-15, with the information and skills necessary to provide safe and responsible care for children; in the absence of parents or guardians. Please bring a pen/pencil and a sack lunch.

Day: Saturday

Dates: 3250.206 - June 22

3250.207 - July 13 Time: 9:00 am - 4:00 pm

Fee: R \$75 / NR \$95





SPECIAL INTEREST CLASSES

Hunter Education (ages 10+)

This course allows the opportunity for individuals to become familiar with the fundamentals of firearm handling and safety. The Colorado Division of Wildlife requires this certification for all hunters who were born after 1949. Attendance is required for every class to complete the certification. Class will be held Wednesday through Saturday at the Center. After the morning portion on Saturday, the class will meet at the shooting range at 2:00 pm. Registration will close on July 19.

Day: Wednesday - Saturday
Dates: 3240.207 - July 24 - July 27

Time: 6:00 - 9:00 pm - Wednesday - Friday

8:00 am - 2:00 pm - Saturday

Fee: R \$10 / NR \$10



Youth General Interest (cont.)

KARATE

Uechi Ryu is an Okinawan martial art that consists of both Chinese Kung Fu and Okinawan Karate. Uechi Ryu Kokusai Karate Do teaches students how to fight in close combat, utilizing fast kicks and punches, throwing, and joint locks while using the body's "center" in order to optimize the amount of power. For more information visit www.bennettskarate.com.

Kids' Karate (ages 4-6)

In this class, participants concentrate on karate basics through fun drills that exercise the body, and develop coordination and discipline. Participants will learn to count from 1-10 in Japanese, as well as, learn basic Japanese phrases used in the dojo. This program has its own ranking system and its purpose is to prepare younger students for the beginner or intermediate classes.

Day: Saturday

Dates: 3291.206 - June 1 - June 29

3291.207 - July 6 - July 27

3291.208 - August 3 - August 31 (No class August 17)

Time: 11:30 am - 12:00 pm

Dates: 3292.206 - June 1 - June 29

3292.207 - July 6 - July 27

3292.208 - August 3 - August 31 (No class August 17)

Time: 12:00 - 12:30 pm

Fee: R \$35 / NR \$39 - Sibling Fee \$30

Beginner Karate (ages 7+)

This class is for youth students who are new to karate or just graduated from Kids' Karate. Please note: the Beginner Class is combined with the Intermediate Class. Uechi Ryu Kokusai is an Okinawan martial art that consists of both Chinese Kung Fu, Okinawan Karate. Uechi Ryu Kokusai Karate Do teaches students how to fight in close combat, utilizing fast kicks and punches, throwing, and joint locks while using the body's "center" in order to optimize the amount of power. For more information visit www.bennettskarate.com.

Day: Monday & Thursday
Dates: 3290.206 - June 3 - June 27

3290.207 - July 1 - July 25 (No class July 4)

Time: 5:30 - 6:15 pm

Fee: R \$45 / NR \$ 55 - Sibling Fee \$39

Intermediate Karate (ages 7+)

This class is for youth students who are yellow belts (ready to test) and higher or beginner adult students. Uechi Ryu Kokusai is an Okinawan martial art that consists of both Chinese Kung Fu and Okinawan Karate. Uechi Ryu Kokusai Karate Do teaches students how to fight in close combat, utilizing fast kicks and punches, throwing, and joint locks while using the body's "center" in order to optimize the amount of power. For more information visit www.bennettskarate.com.

Day: Monday & Thursday
Dates: 4290.206 - June 3 - June 27

4290.207 - July 1 - July 25 (No class July 4)

Time: 5:45 - 6:45 pm

Fee: R \$45 / NR \$ 55 - Sibling Fee \$39

Advanced Karate (ages 7+)

This class is for those students who are brown belts (ready to test) or higher.

Day: Monday & Thursday

Dates: 4291.206 - June 3 - June 27

4291.207 - July 1 - July 25 (No class July 4)

Time: 5:30 - 6:45 pm

Fee: R \$45 / NR \$55 - Sibling Fee \$39

Aikido (ages 7+)

Aikido classes are held at the Bennett's Karate dojo, located at 515 Briggs Street. Aikido is a Japanese Martial art developed by Morihei Ueshiba in the 1920's and 1930's. It is used to defend and disarm while also protecting the attacker from serious injury. Joint locking techniques and throwing motions are performed in a way as to blend with the attacker and re-direct the force rather than opposing it. Students will also learn various ground locking positions, how to fall properly, as well as, how to take down an opponent. This is a traditional martial art and will require students to learn and understand Japanese terminology. The use of white karate-style uniforms and hakama is required. For more information contact Richard Bennett at 303.947.3908 or bennettskarate@yahoo.com or register through the Center.

Day: Tuesday & Saturday
Dates: 4292.206 - June 4 - June

ates: 4292.206 - June 4 - June 29 4292.207 - July 2 - July 27 4292.208 - August 3 - August 31

Time: 5:30 - 6:15 pm (Tuesday) & 1:45 - 2:30 pm (Saturday)

Fee: R \$45 / NR \$ 55 - Sibling Fee \$39

Youth Karate Camp (ages 4-12)

This camp is intended for beginner children ages 4 to 12. During the camp, students will concentrate on karate punching, kicking, and blocking basics. Students will have fun doing drills geared toward coordination and exercise in a structured and disciplined environment.

Day: Monday - Friday

Dates: 3293.207 - August 5 - August 9

Time: 10:00 am - 12:30 pm Fee: R \$119 / NR \$149





outh General Interest (cont.)

ARTS AND CRAFTS HARMONY'S A.C.T.

An annual \$3 fee will be collected by the instructor on the first day of class to help provide a peanut free snack for children for the week. Please bring cash or check only.

Princess and Fairy Camp (ages 3-7)

Come as your favorite princess and enjoy daily Disney Princess art themes. We will make three projects fit for a princess to take home each day. We will do Cinderella, Ariel, Belle, Sleeping Beauty, Jasmine, and Tinker Bell. Come play, dress-up, create art and have a snack.

Day: Monday - Friday

Date: 3306.206 - June 10 - June 14

Time: 9:00 - 11:30 am Fee: R \$135 / NR \$169

Wild Animal Safari Camp (ages 3-7)

It's time to grab your safari hat, binoculars, and jump on board as we take a jeep ride through the wild! Each day we will look at different types of animals that roam, crawl, swim, and fly throughout the African safari. We will work with a large range of art mediums and materials. Please bring a sack lunch to camp.

Monday - Friday Day: Date: 3304.207 - June 24 -June 28 Time: 10:15 am - 12:45 pm

Fee: R \$135 / NR \$169

Art of Lego's (ages 4-8)

This is not like any other Lego camp! In this great art camp kids will make and take home a Lego creation each day. We will use Lego's in all our art projects: block printing, Lego frames, and clay Lego men. We will be working with paint, plaster, wood and more! Each day will have contraption challenges and team building activities.

Day: Monday - Friday

Date: 3307.207 - July 8 - July 12

Time: 2:00 - 4:30 pm R \$139 / NR \$175 Fee:

Under the Sea (ages 3-8)

Come on our adventure under the sea. In this camp we will be working with all types of art materials and mediums. We will be practicing and participating in The Rainbow fish skit. We will make our costumes, learn about the ocean and the animals that live there. Please bring a sack lunch to camp.

Day: Monday - Friday Date: 3305.207 - July 22 - July 26 Time: 10:00 am - 1:00 pm Fee: R \$155 / NR \$195

Star Wars Jedi Camp (ages 4-9)

In this art camp you will learn the Jedi way and how to use your powers and the Force to bring peace to the galaxy. But, watch out some will turn and go to the dark side! Build your own spaceship, lightsaber, mask, and robot friends. Participants will be working with a large range on materials and mediums. Come play, dress up, and create three art projects to take home.

Day: Monday - Thursday

3308.207 - August 12 - August 15 Date:

Time: 9:00 am - 12:00 pm R \$135 / NR \$169 Fee:

YOUTH DANCE CAMPS LA BELLA BALLERINA DANCE ACADEMY

For more information on dance clothes, shoes, or which class is right for you, contact Tamra Harvey at 720.373.1322 or labellaballerina@comcast.net

Pee Wee Dance Camp (ages 3-5)

Pee Wee Dance Camp will introduce the dancer to the basics of Ballet, Tap and Jazz. Each dancer will learn a dance sequence for each style of dance and perform a routine the last day of camp. Dancers should wear: ballet shoes, tap shoes, dance clothes, tights, leotards, dance pants (no baggy t-shirts or pants), hair must be pulled up into a ponytail or bun, no long bangs hanging into their face. Each dancer will receive a camp t-shirt and a coloring book. Peanut-free snacks will be provided.

Day: Wednesday / Thursday / Friday 3282.206 - June 19 - June 21 Dates: 3282.207 - July 17 - July 19 Time: 10:00 am - 12:00 pm Fee: R \$99 / NR \$125

Beginner / Intermediate Dance Camp (ages 5-8)

Beginner / Intermediate Dance Camp will enhance what each dancer already knows and continue to add to their skill level. Dancers will learn combinations and dances in ballet, tap, jazz/hip hop. A routine will be performed on the last day of camp. Dancers should wear: ballet shoes, tap shoes, jazz shoes (if they have them) dance clothes, tights, leotards, dance pants (no baggy t-shirts or pants), hair must be pulled up into a ponytail or bun, no long bangs hanging into their face. Each dancer will receive a camp t-shirt and a coloring book. Peanut free snacks will be provided.

Day: Wednesday / Thursday / Friday Dates: 3283.206 - June 19 - June 21 3283.207 - July 17 - July 19

Time: 1:30 - 3:30 pm Fee: R \$99 / NR \$125

Summer Theatre Workshop (ages 6-14)

We will be presenting the play "Into The Woods", it is a combination of several fairy tales mixed together. We have several parts we need to fill such as acting, singing, dancing along with set design, stage tech's and costume design. Join us for a summer of fun by learning how to present a play from the beginning to the end. Along with several parts, the students we will be making their own sets and costumes as part of the Summer Program.

Day: Tuesday & Thursday

Dates: 3283.208 - June 4 - July 30 (No classes July 2 or July 4)

10:00 am - 12:00 pm

Performance Dates: Dress Rehearsal - Thursday, August 1 at 5:00 pm

Performance #1 - Friday, August 2 at 6:00 pm Performance #2 - Saturday, August 3 at 6:00 pm

Fee: R \$219 / NR \$275





Youth General Interest (cont.)

GYMNASTICSGINA'S SUPER BUS, INC.

An annual \$10 registration fee will be collected by the instructor on the first day of class. Please bring cash or check only. This is a parent drop-off program. Parent visitation day is the last day of the program.

All classes meet in the south gym.

For more information about Super Bus Gymnastics, or which class is right for you, contact Gina Crescentini at 303.828.3383 or ginacrescentini@yahoo.com

Super Bus Gymnastics Gym Tots (ages 21/2 - 31/2)

The Gym Tots class focuses on a combination of basic motor movements, body positions, coordination, balance, and the introduction of beginner gymnastics skills. The class will help start your child's foundation for all athletic development and help them develop listening skills, comfort in a social setting and following instructions. Children develop their skills through work on balance beams, bars, rings, trampolines and tumbling mats. All skills and equipment are scaled down to accommodate each child's size and level of ability. Classes will be held on the Super Bus and inside the Center's gymnasium.

Day: Wednesday

Dates: 3271.206 - June 5 - July 24 (No classes June 19 or July 3)

Day: Thursday

Dates: 3274.206 - June 6 - July 25 (No classes June 20 or July 4)

Day: Friday

Dates: 3277.206 - June 7 - July 26 (No classes June 21 or July 5)

Time: 9:15 - 10:00 am Fee: R \$65 / NR \$79

Super Bus Gymnastics Tumblers (ages 3-5)

This class builds on skills previously learned in Gym Tots and takes your gymnast to a higher level. More complex skills and combinations are taught with a focus on more attention to detail. Students improve their strength, coordination, flexibility, and self confidence while enjoying a fun and challenging approach to learning. Classes will be held both on the Super Bus and inside the Center's gymnasium. This is a parent drop off program.

Day: Wednesday

Dates: 3272.206 - June 5 - July 24 (No classes June 19 or July 3)

Day: Thursday

Dates: 3275.206 - June 6 - July 25 (No classes June 20 or July 4)

Day: Friday

Dates: 3278.206 - June 7 - July 26 (No classes June 21 or July 5)

Time: 10:15 - 11:00 am Fee: R \$65 / NR \$79



Super Bus Gymnastics Beginner Gymnastics (ages 6-9)

Gymnasts at this level will continue to build their skills in all areas of the sport. This is a supportive, non-competitive program. The goal of this program is to have fun with your gymnastics friends while improving trampoline skills, coordination, strength, flexibility, and spatial awareness. Skills will be developed through use of equipment in the Super Bus and in the Center's gymnasium. Activities will be emphasized by a fun learning environment. These classes are a great continuation of our preschool program. Prior gymnastics experience is recommended for the Thursday class.

Day: Wednesday

Dates: 3273.206 - June 5 - July 24 (No classes June 19 or July 3)

Day: Thursday

Dates: 3276.206 - June 6 - July 25 (No classes June 20 or July 4)

Day: Friday

Dates: 3280.206 - June 7 - July 26 (No classes June 21 or July 5)

Time: 11:15 am - 12:00 pm Fee: R \$65 / NR \$79

SEWING

Youth Sewing (ages 9-15)

The sewing course teaches participants the lifelong skill of sewing. Students will complete a five week session which will teach the basics in sewing terminology, techniques and the operation of a sewing machine. Additional sewing techniques will be introduced as the class progresses in ability. Students will work with the instructor to select projects at their skill level. Sewing machines are provided, but students are welcome to bring their own. Options for needed materials will be discussed on the first day.

Day: Tuesday

Dates: Session I - 3236.206 - May 28 - June 25 Session II - 3236.207 - July 9 - August 6

Day: Wednesday

Dates: Session I - 3236.208 - May 29 - June 26 Session II - 3236.209 - July 10 - August 7

Time: 4:30 - 6:00 pm Fee: R \$45 / NR \$55

DAVIES CREATIVE PHOTOGRAPHY WORKSHOPS



Photography for Kids & Teens (ages 12-17)

In this beginner's class, we will explore the function of digital cameras from top to bottom. No more confusing manuals written by engineers for engineers! Just plain English of what the features of your camera are and how to use them. This workshop will also cover some of the fundamentals of photography so that you understand the how and why of each set of choices, and when to choose one over the other. Bring your camera and camera manual.

Date: 3361.105 - Tuesday, June 18 6:30 - 8:30 pm

3361.106 - Saturday, July 27 1:00 - 3:00 pm

Fee: R \$45 / NR \$55

Youth General Interest (cont.)

SKATEBOARDING

SUMMER LESSONS & SUMMER CAMP (AGES 5-17)

Learn how to be safe and have a blast on your skateboard and skate some of the best parks in the Front Range. We welcome all ages and skill levels and focus on everything from learning how to roll around on your board to getting radical with some advanced tricks. Explore all the different areas of street and skatepark riding, from safety and etiquette to advanced park riding. Come join us for some laughs and be a part of our active skateboard community. *No Camp on July 4.

SUMMER CAMP				
Resident Non-Resident				
Single Day	\$59	\$75		
Three Days - M/W/F	\$149	\$185		
Single Week	\$225	\$285		

DAY	DATE/CODE	TIME
Monday	June 3 - 5252.152	8:30 am - 3:30 pm
Tuesday	June 4 - 5252.153	8:30 am - 3:30 pm
Wednesday	June 5 - 5252.154	8:30 am - 3:30 pm
Thursday	June 6 - 5252.155	8:30 am - 3:30 pm
Friday	June 7 - 5252.156	8:30 am - 3:30 pm
Monday	June 17 - 5252.157	8:30 am - 3:30 pm
Tuesday	June 18 - 5252.158	8:30 am - 3:30 pm
Wednesday	June 19 - 5252.159	8:30 am - 3:30 pm
Thursday	June 20 - 5252.160	8:30 am - 3:30 pm
Friday	June 21 - 5252.161	8:30 am - 3:30 pm
Monday	July 1 - 5252.162	8:30 am - 3:30 pm
Tuesday	July 2 - 5252.163	8:30 am - 3:30 pm
Wednesday	July 3 - 5252.164	8:30 am - 3:30 pm
Thursday	July 4	No Camp
Friday	July 5 - 5252.166	8:30 am - 3:30 pm
Monday	July 15 - 5252.167	8:30 am - 3:30 pm
Tuesday	July 16 - 5252.168	8:30 am - 3:30 pm
Wednesday	July 17 - 5252.269	8:30 am - 3:30 pm
Thursday	July 18 - 5252.170	8:30 am - 3:30 pm
Friday	July 19 - 5252.171	8:30 am - 3:30 pm
Monday	July 29 - 5252.173	8:30 am - 3:30 pm
Tuesday	July 30 - 5252.174	8:30 am - 3:30 pm
Wednesday	July 31 - 5252.175	8:30 am - 3:30 pm
Thursday	August 1 - 5252.176	8:30 am - 3:30 pm
Friday	August 2 - 5252.177	8:30 am - 3:30 pm
Monday	August 5 - 5252.178	8:30 am - 3:30 pm
Tuesday	August 6 - 5252.179	8:30 am - 3:30 pm
Wednesday	August 7 - 5252.180	8:30 am - 3:30 pm
Thursday	August 8 - 5252.181	8:30 am - 3:30 pm
Friday	August 9 - 5252.182	8:30 am - 3:30 pm





SUMMER LESSONS		
	Resident	Non-Resident
Single Day	\$19	\$25
Single Week	\$79	\$99

DAY	DATE/CODE	TIME
Monday	May 27 - 5252.252	8:30 - 10:00 am
Tuesday	May 28 - 5252.253	8:30 - 10:00 am
Wednesday	May 29 - 5252.254	8:30 - 10:00 am
Thursday	May 30 - 5252.255	8:30 - 10:00 am
Friday	May 31 - 5252.256	8:30 - 10:00 am
Monday	June 10 - 5252.257	8:30 - 10:00 am
Tuesday	June 11 - 5252.258	8:30 - 10:00 am
Wednesday	June 12 - 5252.259	8:30 - 10:00 am
Thursday	June 13 - 5252.260	8:30 - 10:00 am
Friday	June 14 - 5252.261	8:30 - 10:00 am
Monday	June 24 - 5252.262	8:30 - 10:00 am
Tuesday	June 25 - 5252.263	8:30 - 10:00 am
Wednesday	June 26 - 5252.264	8:30 - 10:00 am
Thursday	June 27 - 5252.265	8:30 - 10:00 am
Friday	June 28 - 5252.266	8:30 - 10:00 am
Monday	July 8 - 5252.267	8:30 - 10:00 am
Tuesday	July 9 - 5252.268	8:30 - 10:00 am
Wednesday	July 10 - 5252.269	8:30 - 10:00 am
Thursday	July 11 - 5252.270	8:30 - 10:00 am
Friday	July 12 - 5252.271	8:30 - 10:00 am
Monday	July 22 - 5252.272	8:30 - 10:00 am
Tuesday	July 23 - 5252.273	8:30 - 10:00 am
Wednesday	July 24 - 5252.274	8:30 - 10:00 am
Thursday	July 25 - 5252.275	8:30 - 10:00 am
Friday	July 26 - 5252.276	8:30 - 10:00 am

SATURDAY SESSIONS (AGES 5-17)

Come get RAD with us all year round. A helmet and a skateboard required. We will skate together, play skate-related games and work on new skills, learn about skateboarding history, and just enjoy the unique skateboarding community. Basic skills, safety, etiquette, old tricks, new tricks... have fun with them all. Bring your smile and start your Saturdays with some goofballs who love giggling and falling on their butts as much as you do!

SATURDAY SESSIONS				
Resident Non-Resident				
Single Session	\$19	\$25		

DAY	DATE/CODE	TIME
Saturday	May 25 - 5252.183	9:00 - 10:30 am
Saturday	June 1 - 5252.184	9:00 - 10:30 am
Saturday	June 8 - 5252.104	9:00 - 10:30 am
Saturday	June 15 - 5252.105	9:00 - 10:30 am
Saturday	June 22 - 5252.106	9:00 - 10:30 am
Saturday	June 29 - 5252.107	9:00 - 10:30 am
Saturday	July 6 - 5252.108	9:00 - 10:30 am
Saturday	July 13 - 5252.109	9:00 - 10:30 am
Saturday	July 20 - 5252.110	9:00 - 10:30 am
Saturday	July 27 - 5252.111	9:00 - 10:30 am
Saturday	August 3 - 5252.112	9:00 - 10:30 am
Saturday	August 10 - 5252.113	9:00 - 10:30 am
Saturday	August 17 - 5252.114	9:00 - 10:30 am
Saturday	August 24 - 5252.115	9:00 - 10:30 am
Saturday	August 31 - 5252.116	9:00 - 10:30 am

Adult General Interest

SEWING

Adult Sewing (ages 16+)

The sewing course teaches participants the lifelong skill of sewing. Students will complete a five week session which will teach the basics in sewing terminology, techniques and the operation of a sewing machine. Additional sewing techniques will be introduced as the class progresses in ability. Students will work with instructor to select projects at their skill level. Sewing machines are provided but students are welcome to bring their own. Options for needed materials will be discussed on the first day.

Day: Tuesday

Dates: Session I - 3236.210 - May 28 - June 25

Session II - 3236.211 - July 9 - August 6

Time: 6:00 - 7:30 pm Fee: R \$45 / NR \$55





ADULT DANCE CASABLANCA DANCE

Wedding Dances (ages 16+)

This class will get you ready for the summer wedding season. Learn the basic steps to the waltz and the foxtrot, two of the most common dances at weddings. This is also a great refresher class if you are a little out of practice. Don't be left out of the fun this summer when the dance floor fills! Participants will not switch partners in this class. Couples need to register together to receive the couples rate.

Dav: Thursday

Date: 4272.206 - June 13 - July 11 (no class July 4)

Time: 7:00 - 8:00 pm Fee: R \$79 / NR \$99

Swing (ages 16+)

Try this popular dance that is fun and easy to learn. The Swing is the dance that can be done at all places and get togethers. You will learn to move to Oldies, Country, and Rock n' Roll. Couples need to register together to receive the couples rate.

Day: Thursday

Date: 4274.206 - June 13 - July 11 (no class July 4)

Time: 8:00 - 9:00 pm Fee: R \$79 / NR \$99





ADULT GENERAL INTEREST

Will Seminar (ages 18+)

This will seminar is a simple one-step class for anyone ages 18 years and older which provides a notarized will, general power of attorney, medical power of attorney, and living will by the end of the seminar from an experienced estate planning attorney. This unique three-hour class provides great value to participants by providing finished estate planning documents at a fraction of the typical cost for these documents. Cost includes all materials, witnessing, notarizing, individual review, and plenty of time for discussion and questions. Participants do not need to bring anything to class. Cost is per person. All materials provided. Registration deadline is June 3. You will pay the instructor the day of the class.

Day: Tuesday

Date: 5324.207 – June 4 Time: 5:30 – 8:30 pm Fee: R \$109 / NR \$135



Adult General Interest (cont.)

DAVIES CREATIVE PHOTOGRAPHY WORKSHOPS



Introduction to Digital Photography (ages 14+)

The perfect beginner's class, this workshop will help you understand the basics of digital photography and will have a huge impact on the quality of the pictures that you take. We will cover in detail the fundamentals of photography as well as understanding the settings and options on your camera. In two hours we will remove the mystery from photography and get you creating better images. It's also a great class for intermediate shooters who have some experience under their belt. By going back to the fundamentals and understanding them well, you can take your photography to the next level. Bring your camera and camera manual.

Dates: 3361.101 - Monday, May 13 6:30 - 8:30 pm

3361.102 - Wednesday, June 12 6:30 - 8:30 pm 3361.103 - Thursday, June 20 6:30 - 8:30 pm 3361.104 - Saturday, July 13 1:00 - 3:30 pm

Fee: R \$45 / NR \$55

Photographing Sports (ages 14+)

Erie has a variety of great sports programs. There's a good chance someone you know is playing in one of them. In this hands-on workshop you will learn how to take great sports photos as we teach on the sidelines of games/events being played here in Erie. While you might not wind up on the cover of Sports Illustrated, after just a few hours the quality of your sports photography will grow dramatically. We'll cover equipment and techniques right there at the game with your own camera. Please bring your camera and your manual. Optional: a tripod or monopod.

Date: 3361.107 - Saturday, June 15 11:00 am - 2:00 pm

3361.108 - Saturday, June 22 11:00 am - 2:00 pm

3361.109 - Saturday, August 10 8:00 - 10:00 am

Fee: R \$59 / NR \$69

Take Better Photos of Your Kids (ages 14+)

Learn how to photograph your children and love it! Are you sick of taking sub-par pictures of your children? Are your photo albums and scrapbooks full of pictures with red eye, shadows masking their faces, and rarely looking at the camera? If so, we have good news for you! This two-hour class with Davies Creative Photography's Matthew Davies, will teach you all you need to know to capture amazing images of your children. Bring a photo of your child to enter to win a complimentary portrait session and wall portrait from Davies Creative Photography! Bring your camera and camera manual.

Date: 3361.110 - Saturday, May 25 10:00 am - 12:00 pm

3361.111 - Thursday, July 18 6:30 - 8:30 pm 3361.112 - Thursday, August 22 6:30 - 8:30 pm

R \$45 / NR \$55

Fee:

Composition in Photography (ages 14+)

In this lecture we will look at the decisions being made from a standpoint of the composition of the image. We will review guidelines on how to make good compositional choices based on established rules so that you can then either follow or break those rules when it makes sense for your image. We go well beyond the rule of thirds and talk about the pillars of visual arts - the foundation elements of aesthetics.

Date: 3361.113 - Wednesday, May 1 6:30 - 8:30 pm

Fee: R \$45 / NR \$55

Lighting the Portrait - Intermediate (ages 14+)

Whether you shoot on location, in a home studio, or in a retail studio, this workshop is a great place to learn how to light a portrait using flash and strobe. You will work hands-on with the lighting, the modifiers and work with a model to achieve images you not only created, but designed yourself. You'll learn how to light a studio portrait using speedlights/ strobes as well as reflectors and other modifiers. We will expand upon the use of light modifiers and their role in getting very specific lighting results. Bring your DSLR camera and your camera manual. Optional: speedlights, tripod. This is an intermediate level class.

Date: 3361.114 - Saturday, August 24 1:00 - 5:00 pm

Fee: R \$79 / NR \$95

Photographing the Erie Town Fair (ages 14+)

In this 90 minute guided photography session, professional photographer Matthew Davies will work at your side on photographing the event. Working with any camera, you will learn both what to photograph and how to photograph it. Everyone will be encouraged to submit their images for an online gallery featuring all the students' work.

Date: 3361.115 - Saturday, May 18 8:30 - 10:00 am

Fee: R \$59 / NR \$69



Introduction to Lightroom (ages 14+)

This is an introduction to the powerful image library and editing package from Adobe. You can bring your own computer or follow along on the big screen as we go step by step at a high level on how the software works. We'll work on the same files together as we go through the different sections of Lightroom and how it works. Various topics of the technical aspects of digital editing will be covered. If you don't own Lightroom, you can download a free 30-day trial.

Date: 3361.215 - Wednesday, May 29 6:30 - 8:30 pm

Fee: R \$45 / NR \$55

Introduction to Close-Up Photography (ages 14+)

From close-up images of flowers and creatures to small objects to textures & patterns in large objects, there is a tiny world of large beauty and curiosity. In this introduction to close-up photography we will begin to explain both the technical as well as creative concepts that help produce beautiful close-up images. We will cover camera settings, focusing, lighting, equipment and style. This will be a hands-on workshop where we will create images in class to reinforce the concepts and get you started down a wonderful area of photography.

Date: 3361.215 - Saturday, August 3 9:00 am to 12:30 pm

Fee: R \$59 / NR \$69



Summer Camp

May 28 - August 9 • 7:00 am - 6:00 pm

If you are looking for fun activities for your children this summer - your kids will love Camp Erie! Camp begins on May 28 and runs through August 9 (no camp on July 4). Camp Erie will operate again this year at two sites: Aspen Ridge Preparatory School for ages 5-7, and the Erie Community Center for ages 8-12. Weekly activities include: arts and crafts, sports, field trips, swimming, climbing, games and a whole lot more! Camp will start at 9:00 am and end at 5:00 pm. Before care starts at 7:00 am and after care ends at 6:00 pm. There is no additional cost this year for before or after care - it's included in your camp fees!

Log onto www.erieco.gov/camperie for general information, participant forms, field trip selections and more!

SUMMER CAMP FEES								
	Resident	Non-Resident						
Single Day	\$45	\$55						
Single Week	\$165	\$205						
NEW! Full Summer (No Refunds)	\$1650	\$2065						



May 28 - May 31
June 3 - 7
June 10 - 14
June 17 - 21
June 24 - 28
July 1 - 5 *No Camp July 4
July 8 - July 12
July 15 - July 19
July 22 - July 26
July 29 - August 2
August 5 - 9

Registration is now open!

Visit: www.erieco.gov/camperie for more information!

2013 CAMP ERIE REFUND POLICY

- » For Camp Erie activities cancelled by the Parks & Recreation Department, payments will be credited to your account. A refund will be issued upon written request.
- » A full (100%) credit or refund for Camp Erie will be issued upon written request if withdrawals are requested at least seven (7) calendar days prior to the activity start date.
- » No credit, refund or transfer will be issued for cancellations under six (6) calendar days prior to the activity start date.
- » Exception: In the event of a prolonged illness or family emergency, a 75% refund will be considered. A physician's note may be required.
- » Late activity registrations will not be prorated.
- Reminder: Refunds will match the type of enrollment.(Example: Single day refunds will not be issued if participant is enrolled in the full week option).



MINI MINER'S CAMPS (ages 4-7)

Designed for those who want to involve their kids in activity throughout the summer without having to commit to a whole week of summer camp. Each day is a different theme. Participants will play games and do crafts centered on the day's theme. A drink and light snack will be provided each day. Your child is welcome to bring an additional peanut free snack if desired. Register for the days that interest you!

Mini Miner's Camp will be held at the Garfield Shelter at the Erie Community Park. In case of rain meet at the Erie Community Center Gymnasium.

3 3 3 3 3 3										
CLASS	DAY	TIME	DATE	FEE						
Pirates & Princesses	Monday	9:00 - 11:30 am	4800.206 - June 17	R \$25 / NR \$29						
Fitness Fun	Tuesday	9:00 - 11:30 am	4801.206 - June 18	R \$25 / NR \$29						
Cooking Creations	Wednesday	9:00 - 11:30 am	4802.206 - June 19	R \$25 / NR \$29						
Artful Antics	Monday	9:00 - 11:30 am	4803.206 - June 24	R \$25 / NR \$29						
Climbing Adventure	Tuesday	9:00 - 11:30 am	4804.206 - June 25	R \$25 / NR \$29						
Amazing Race	Wednesday	9:00 - 11:30 am	4805.206 - June 26	R \$25 / NR \$29						
Under the Sea	Monday	9:00 - 11:30 am	4800.207 - July 1	R \$25 / NR \$29						
Diggin' Dinosaurs	Tuesday	9:00 - 11:30 am	4801.207 - July 2	R \$25 / NR \$29						
Party in the USA	Wednesday	9:00 - 11:30 am	4802.207 - July 3	R \$25 / NR \$29						
Wet n' Wild	Monday	9:00 - 11:30 am	4803.207 - July 8	R \$25 / NR \$29						
Superheroes	Tuesday	9:00 - 11:30 am	4804.207 - July 9	R \$25 / NR \$29						
Animals in the Wild	Wednesday	9:00 - 11:30 am	4805.207 - July 10	R \$25 / NR \$29						
Ooey Gooey	Monday	9:00 - 11:30 am	4806.207 - July 15	R \$25 / NR \$29						
Island Fever	Tuesday	9:00 - 11:30 am	4807.207 - July 16	R \$25 / NR \$29						
Tie Dye	Wednesday	9:00 - 11:30 am	4800.208 - July 17	R \$25 / NR \$29						
It's a Bug's Life	Monday	9:00 - 11:30 am	4809.207 - July 22	R \$25 / NR \$29						
Wet n' Wild 2	Tuesday	9:00 - 11:30 am	4810.207 - July 23	R \$25 / NR \$29						
Erie Carnival	Wednesday	9:00 - 11:30 am	4811.208 - July 24	R \$25 / NR \$29						







Special Events

CONCERT IN THE PARK

JUNE 1, JUNE 29 & JULY 27 Erie Community Park & Coal Creek Park 5:00 - 9:00 pm

In its 9th year, the Concerts in the Park are going to be the most exciting ever!

A DJ will warm up the crowd starting at 5:00 pm with the main acts taking the stage by 7:00 pm.

Come early to get a great seat! Free admission! Food and drink vendors will be available!



June 1 - That Eighties Band Coal Creek Park



June 29 - Hazel Miller Erie Community Park



July 27 - Boogie Machine Coal Creek Park

MOVIE IN THE PARK

JUNE 15 & JULY 13 Erie Community Park 7:30 - 10:00 pm

You loved the movies last year – and we heard you! Grab your blanket, friends and family, and head out to Erie Community Park this summer – two movies to choose from! Movie will begin at dusk. Free admission! Movie surveys will be sent out several weeks prior to each event – check the website to vote for your movie choices in 2013! Concessions will be sold!





Special Events (cont.)



JUNE 26 Erie Community Park 6:30 - 8:30 am

Meet us at the Garfield Shelter at the Erie Community Park on your way into work from 6:30 - 8:30 am! Bike up and receive breakfast snacks and giveaways!





The 6th Annual Firecracker 4K/4 mile race will kick off your Independence Day celebration at the Erie Community Park. Kids races to follow. Participants will receive a race day t-shirt and post event refreshments. Register at the Center or online after May 25.



AUGUST 10 Erie Community Center & Park 8:00 - 11:00 am

The ever popular Mighty Kids' Triathlon is back for its 6th year! You don't want your kids to miss this! Jump in the pool, hop on the bike, and lace up the running shoes for this awesome event for kids ages 5-12. Event starts at the Erie Community Center and will finish at the Erie Community Park. This event sells out every year so register early!

Register at the Center or online after May 25.







FOR MORE INFORMATION ON SPECIAL EVENTS PLEASE CALL 303.926.2550 OR VISIT WWW.ERIECO.GOV/SPECIALEVENTS FOR VOLUNTEER OPPORTUNITIES PLEASE CALL 303.926.2550, OR EMAIL VOLUNTEER@ERIECO.GOV.

Youth Sports

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

VOLLEYBALL

Coed Volleyball (Grades 3rd - 6th)

This is a recreational sports program that allows girls and boys the opportunity to compete on teams in an organized setting. The Northern Valley Athletic Association (NVAA) consists of other agencies in the area and traveling is required. Teams practice in Erie once or twice per week (coach discretion) and play games at both home and away locations (times/locations TBD). Fee includes a game jersey. All players must provide their own knee pads (required). All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 5.

Day: Monday - Saturday
Date: August 19 - October 26
Age: 3rd - 4th Grade - 1150.208
5th - 6th Grade - 1151.208

Fee: R \$49 / NR \$59

Coed Volleyball - Longmont League (Grades 7th - 8th)

This is a recreational sports program that allows girls and boys the opportunity to compete on teams in an organized setting. Teams play in the Longmont Recreation League and traveling is required. Teams practice in Erie once or twice per week (coach discretion) and play games at both home and away locations (times/locations TBD). Fee includes a game jersey. All players must provide their own knee pads (required). All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 5.

Day: Monday - Saturday
Date: August 19 - November 2
Age: 7th - 8th Grade - 1152.208

Fee: R \$49 / NR \$59

LACROSSE

Lacrosse Camp (ages 8-17)

Learn to play the fastest growing sport in America by signing up for the Erie lacrosse camps. These camps are great for beginner and intermediate players who want to learn lacrosse as well as experienced players who want to perfect their skills. Our talented instructors will teach an exciting week of skills, drills, games, along with plenty of fun and excitement. No previous experience necessary. The intro camp is a no contact camp focusing on introductory skills, the intermediate camp focuses on introduction to contact and more advanced skills. All gear including pads, gloves, and helmets provided. Please bring water to drink and a great attitude! Registration deadline is one week prior to the first class.

Day: Monday - Thursday

Date: Intro Camp I - 1149.213 - June 3 - June 6

Intermediate Camp I - 1149.214 - June 10 - June 13

Time: 9:00 am - 12:00 pm

Date: Intro Camp II – 1149.215 – July 8 – July 11

Intermediate Camp II - 1149.216 - July 15 - July 18

Time: 5:30 – 8:30 pm Fee: R \$89 / NR \$99





FLAG FOOTBALL

Instructional Flag Football (ages 4-5)

This program introduces pre-school and kindergarten aged children to the fundamentals of flag football (passing, running, sportsmanship, and more). No official games are played, and there is no traveling required. Classes are held once per week for five weeks at the Erie Community Park - Mitchell Field. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know if you wish to help. Registration deadline is one week prior to the first class.

Day: Saturday

Date: 1133.212 - August 24 - September 28 (No class September 7)

Time: 2:50 - 3:35 pm

Day: Tuesday

Date: 1133.209 - August 27 - September 24

Time: 6:00 - 6:45 pm

Day: Wednesday

Date: 1133.210 - August 28 - September 25

Time: 6:00 - 6:45 pm

Day: Thursday

Date: 1133.211 - August 29 - September 26

Time: 6:00 - 6:45 pm Fee: R \$25 / NR \$29

Flag Football (ages 5-12)

Join the Erie Flag Football League - a premier youth flag football league for both boys and girls! This program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning fundamental football skills, sportsmanship and teamwork. Teams play in the Erie Flag Football League and traveling may be required for ages 7-12. Teams practice in Erie once or twice per week (coach discretion) and play games at both home and away locations (times/locations TBD). Fee includes a dry-fit style top. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 12.

Day: Monday - Saturday
Date: August 26 - October 26
Ages: 5 & 6 years - 1170.208

7 & 8 years - 1171.208 9 & 10 years - 1172.208 11 & 12 years - 1173.208

Fee: R \$65 / NR \$79

SOCCER

Challenger Soccer Camps (ages 3-14)

Challenger Sports has established itself as the premier provider of soccer camps in North America, and has created a unique camp experience that teaches more than just dribbling, shooting, heading, and passing. Challenger's "British Soccer Camp" is an experience that combines technical instruction, tactical training, competitive play and lots of fun! Registration deadline is July 15. For free uniform, register by May 31.

1st Kicks - Young players are introduced to game basics through fundamental activities, games and fun soccer challenges.

Age: 3 Fee: \$87

Time: 11:00 am - 12:00 pm Dates: July 15 - July 19

Mini Soccer - Fun games, competitions and skill-building activities are designed to enlighten and develop budding players.

Ages: 4-5 Fee: \$97

Time: 9:00 - 10:30 am
Dates: July 15 - July 19

Half Day - Fun games, competitions and skill building activities are designed to enlighten and develop budding players.

Ages: 6-14 Fee: \$127

Time 9:00 am - 12:00 pm Dates: July 15 - July 19

Golden Goal - The Golden Goal Camp is an add on session full of fun games!

games: 6-14 Fee: \$53

Time: 1:00 - 3:00 pm Dates: July 15 - July 19

For more details and registration information visit www.challengersports.com or email

Gianluca at ghorsfall@challengersports.com.





Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Instructional Soccer (ages 4-5)

This program introduces pre-school and kindergarten aged children to the fundamentals of soccer (kicking, passing, dribbling, shooting, and more). No official games are played, and there is no traveling required. Classes are held once per week for five weeks at the Erie Community Park - Mitchell Field. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Saturday

Date: 1183.209 - August 24 - September 28 (No class September 7)

Time: 2:00 - 2:45 pm

Day: Tuesday

Date: 1184.209 - August 27 - September 24

Time: 5:10 - 5:55 pm

Day: Wednesday

Date: 1185.209 - August 28 - September 25

Time: 5:10 - 5:55 pm

Day: Thursday

Date: 1186.209 - August 29 - September 26

Time: 5:10 - 5:55 pm Fee: R \$25 / NR \$29

1st - 2nd Grade Soccer (ages 6-8)

1st & 2nd Grade Soccer is a great progression to league play where children can put their dribbling, passing, shooting, and defensive skills to use in games against other Erie teams. Teams practice in Erie once or twice per week (coach discretion) and play games in Erie on Saturday mornings and/or afternoons. Fee includes a t-shirt, shorts and socks. All players must provide their own shin guards (required). Molded soccer cleats (toeless front cleat) are recommended, but not required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 19.

Day: Monday - Saturday
Date: September 3 - October 26
Grade: 1st - 2nd Grade - 1178.308
Fee: R \$39 / NR \$49

U-9 & U-12 Soccer (ages 8-12)

Players continue to build upon fundamental soccer skills while incorporating game strategies in a slightly more competitive environment. Teams play in the Erie Soccer League and traveling may be required for U-9 and U-12 teams. Teams practice in Erie once or twice per week (coach discretion) and play games at both home and away locations (times/locations TBD). Fee includes a t-shirt, shorts and socks. All players must provide their own shin guards (required). Molded soccer cleats (no front cleat) are recommended, but not required. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 5.

Day: Monday - Saturday
Date: August 19 - October 26
Age: U-9 Girls - 1178-309
Llo Boys - 1178-310

Fee:

U-9 Boys - 1178.310 U-12 Girls - 1178.311 U-12 Boys - 1178.312 R \$49 / NR \$59

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

TENNIS

HUSTLE SPORTS

Tiny Tots Tennis (ages 4-6)

A fun introduction to tennis for tiny tots! We cover forehand, backhand, all volleys and net shots. This class is high energy with various drills and plenty of fun games. You will be surprised at the progress of this age group. Get your kids involved in a sport they will play for a lifetime! Classes held at the Erie Community Park tennis courts each Tuesday & Thursday for three weeks. Please bring a racquet and water to class. Registration deadline is on session start day.

Day: Tuesday & Thursday

Date: Session I - 1150.221 - June 4 - June 20

Session II - 1152.222 - June 25 - July 11 (No class July 4)

Session III - 1153.223 - July 16 - August 1

Time: 8:00 - 8:30 am

Date: Session I - 1150.206 - June 4 - June 20

Session II - 1152.207 - June 25 - July 11 (No class July 4)

Session III - 1153.207 - July 16 - August 1 Session IV - 1154.207 - August 13 - August 29 Session V - 1155.207 - September 10 - September 26

Time: 3:15 - 3:45 pm

Fee: R \$69 / NR \$85

Beginner Tennis (ages 7-15)

A great introduction to tennis for beginners. We teach all strokes from forehand to backhand, volleys and overheads, along with serves and footwork with a heavy emphasis on correct form. This class is fast paced with plenty of drills and games to keep all kids interested. Fun instructors with a passion for the sport and teaching children. Get your kids involved in a sport they will play for a lifetime! Classes held at the Erie Community Park tennis courts each Tuesday & Thursday for three weeks. Please bring a racquet and water to class. Registration deadline is on session start day.

Day: Tuesday & Thursday (ages 7-15)

Date: Session I - 1151.221 - June 4 - June 20

Session II - 1151.222 - June 25 - July 11 (No class July 4)

Session III - 1154.223 - July 16 - August 1

Time: 8:35 - 9:25 am

Day: Tuesday & Thursday (ages 7-11)

Date: Session I - 1151.206 - June 4 - June 20

Session II - 1151.209 - June 25 - July 11 (No class July 4)

Session III - 1154.208 - July 16 - August 1 Session IV - 1156.207 - August 13 - August 29 Session V - 1159.207 - September 10 - September 26

Time: 3:50 - 4:40 pm

Day: Tuesday & Thursday (ages 12-15)
Date: Session I - 1159.206 - June 4 - June 20

Session II - 1152.209 - June 25 - July 11 (No class July 4)

Session III - 1151.108 - July 16 - August 1 Session IV - 1155.208 - August 13 - August 29 Session V - 1158.207 - September 10 - September 26

Time: 4:45 - 5:35 pm Fee: R \$69 / NR \$85

Private Tennis Lessons (ages 7-15)

Looking to improve your game? Please contact Steven Donahue at 303.547.7177 or steven@hustlesports.com for more information about private lessons.

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Advanced Tennis (ages 7-15)

A great continuation and advancement class for students. We review all strokes with heavy emphasis on correct form. This class is fast paced with plenty of drills and games to keep all kids interested. Classes held at the Erie Community Park tennis courts each Tuesday & Thursday for three weeks. Please bring a racquet and water to class. Registration deadline is one week prior to class.

Day: Tuesday & Thursday

Date: Session I - 1158.206 - June 4 - June 20

Session II - 1153.209 - June 25 - July 11 (No class July 4)

Session III - 1152.108 - July 16 – August 1 Session IV - 1156.208 - August 13 - August 29 Session V - 1157.207 - September 10 - September 26

Time: 5:40 - 6:30 pm Fee: R \$69 / NR \$85

CARA Tennis Team (ages 8-18)

The Colorado Association of Recreational Athletics (CARA) tennis program will help you develop your skills and learn to play matches in a recreational environment. Matches are played against teams from other districts in the Denver Metro area on Friday mornings. CARA is appropriate for beginner to intermediate participants. The state tournament is the last week of July and is for all participants. On the first day of practice, please bring one can of new tennis balls, a tennis racquet, water, and a great attitude to all practices! All participants will receive a team t-shirt. Match times Friday 8:00 am - 1:00 pm. Registration deadline is one week prior to first practice.

 Day:
 Monday - Friday

 Date:
 June 11 - July 25

 Age:
 1159.209 - 8-12 years

1159.210 - 13-18 years

Practice Time: 8-12 years - Tuesday & Thursday: 9:30 - 10:45 am

13-18 years - Tuesday & Thursday: 10:50 am - 12:05 pm

Fee: R \$139 / NR \$149

GOLF

Junior Golf (ages 5-17)

This program strives to provide each student with a basic understanding of the golf game. Our program is designed to promote individual achievement as well as the most important aspect of learning golf - having fun! Fundamentals covered include grip, set-up, pivot, the backswing, the follow through, putting, chipping, pitching, and bunkers. Instructional classes are taught and supervised by experienced PGA golf professionals and Colorado National Golf Club staff. All classes meet at Colorado National Golf Club (2700 Vista Parkway) for five weeks. Golf clubs are provided if needed. Registration deadline is one week prior to class.

Day: Tuesday (ages 5-7)

Date: 1135.206 - May 28 - June 23

1135.207 - July 9 - August 6

Day: Wednesday (ages 8-10)
Date: 1136.206 - May 29 - June 26

1136.207 - July 10 - August 7

Day: Thursday (ages 11-17)
Date: 1137.206 - May 30 - June 27

1137.207 - July 11 - August 8

Time: 9:15 - 10:15 am Fee: R \$35 / NR \$49



PRESCHOOL SPORTS

PE Mix (ages 3-5)

PE Mix is a wonderful opportunity to introduce children to basic sports such as basketball, soccer, tee ball, and individual sports with a strong emphasis on FUN! Classes are held once per week for four weeks. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Monday
Date: July 8 – July 29

Time: 9:00 - 9:45 am - 1130.106

9:50 - 10:35 am - 1131.206

Day: Wednesday
Date: July 10 – July 31

Time: 9:00 - 9:45 am - 1132.206

9:50 - 10:35 am - 1133.206

Fee: R \$19 / NR \$25

Little Dribblers Basketball (ages 4-5)

Little Dribblers is a great program to teach children basic fundamentals such as dribbling, passing, shooting, and defense. Classes are held once per week for four weeks. Official games will not be played and travel is not required. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Monday
Date: July 8 – July 29

Time: 4:00 - 4:45 pm - 1114.301 4:50 - 5:35 pm - 1115.301

Day: Wednesday
Date: July 10 – July 31

Time: 4:00 - 4:45 pm - 1114.302 4:50 - 5:35 pm - 1115.302

Day: Saturday
Date: July 13 – August 3
Time: 10:00 - 10:45 am - 1118.301

10:50 - 11:35 am - 1119.301

Fee: R \$19 / NR \$25

YOUTH SPORTS SPECIAL EVENTS

Hershey's Track & Field Games (ages 9-14)

If you like to run, jump and throw, these games are for you! The Hershey's Track & Field Games will be held on Thursday, June 6 at Skyline High School in Longmont, CO. Participants have the opportunity to advance to the state and even the national meet in Hershey, PA. Events include a variety of running distances, a softball throw, and long jump with separate divisions based on age and gender. To register for the meet, please visit www.hersheystrackandfield.com, deadline is May 23.

Day: Thursday
Date: June 6
Time: 9:00 am
Fee: FREE



Rockies Skills Challenge (ages 6-13)

Come show off your base-running, batting, and throwing skills at the Rockies Skills Challenge. This local competition will be held at Coal Creek Park on Tuesday, June 18 and participants will have the opportunity to advance to a sectional and state competition. There are separate divisions based on age and gender. Participants may only register and participate in one local competition. Registration deadline is June 14.

Day: Tuesday
Date: 1165.206 - June 18
Time: 5:30 - 8:00 pm

Fee: FREE

NFL Punt, Pass & Kick (ages 6-15)

Join in the fun with the NFL Punt, Pass & Kick (PPK) competition where girls and boys in five separate age divisions compete against each other in punting, passing, and place kicking events. In addition to determining who can throw and kick the farthest, NFL PPK encourages kids to get active and have fun by playing football. This local competition will be held at Erie Community Park – Mitchell Field on Saturday, September 21. Participants may only participate in one local competition. Registration deadline is September 18.

Day: Saturday

Date: 1174.209 - September 21

Time: 3:00 - 5:00 pm

Fee: FREE



Denver Nuggets Summer Basketball Camp (ages 7-17)

Learn from the best - in Erie! The Nuggets Summer Basketball Camp is for boys and girls of all skill levels between ages 7-16 years old. Skill development stations include ball handling, passing, shooting, defense, and rebounding. Camp contests include hot shot, free throws, X-Out, lay-ups, and Knock out. Along with station work, campers will play in 3 on 3, and 5 on 5 games. All participants receive a future Nuggets game ticket, T-Shirt, and basketball!

Day: Monday - Friday
Date: July 29 - August 2
Time: 10:30 am - 4:00 pm

Fee: \$23



Registration is available at: www.tnbabasketball.com/programs/ nuggets. Contact Bryan Kentfield at 303.926.2794 for more camp information.

YOUTH SPORTS OFFICIALS NEEDED!

Are you dependable, hard working, a fast learner, 16 years old +, and interested in making some extra money? If interested, please call 303.926.2550.



Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

General Information

National Alliance for Youth Sports (NAYS)

The Town of Erie has embraced the philosophies set forth by NAYS, comprised of an assembly of 48 of the nation's leading experts representing a vast variety of disciplines affecting youth sports. NAYS seeks to make the sports experience safe, fun and healthy for ALL children. In addition, NAYS promotes the value and importance of sports and physical activities in the emotional, physical, social and mental development of youth. The Alliance believes that participation in sports and activities develops important character traits and lifelong values.

Parents Association for Youth Sports (PAYS)

Because parents play such a crucial role in helping their children get the most fun out of their participation as possible, NAYS created the Parents Association for Youth Sports (PAYS). The PAYS program enables parents to help their children have truly rewarding sports experiences. This is a wonderful opportunity for parents to become aware of their roles and responsibilities and ways they can make the youth sports experience more enjoyable and positive. Parents can complete this training online for only \$6 per family and we strongly encourage each of you to take advantage of this great program. Simply follow these instructions:

- · Visit: http://paysonline.nays.org
- Click on New User (Returning user applies only if you started the program but could not finish)
- Click on all boxes of disclaimer page and click "I accept" at the bottom of the page
- Find your Chapter from the drop down list: CO Town of Erie Parks & Recreation
- Type in your Chapter's code: 1194
- Click Next

Inclement Weather - SAFETY IS OUR NUMBER ONE PRIORITY

Every attempt will be made to allow practices and play games; however, if field and/or weather conditions present an unsafe environment for participants, spectators, coaches, officials, and/or staff we will postpone or cancel practices and games. Field supervisors are instructed to err on the side of caution when it comes to inclement weather decisions.

Please call the weather hotline at 303.926.2550 (option 4). Weather information can also be found on www.quickscores.com/erie. Weather information is updated by 4:00 pm on weekdays or 8:00 am on weekends. There are three situations to listen for:

- · All games and practices will be played as scheduled
- All games and practices have been cancelled
- The fields are open and it is the coach's decision to cancel practice
 (This could mean it is raining, but fields are in good condition,
 or there is abnormally cold or hot weather. In this situation, please
 assume you are to practice as scheduled unless you hear differently
 from your coach)

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Uniforms

The uniform order is placed immediately following the registration deadline. Add-ons (late registrations) and change orders (ordered incorrect size) will be compiled and sent weekly thereafter and may NOT be available by your first game. PLEASE NOTE: Add-ons and change orders may incur additional charges. For changes, you are required to turn-in the original uniform in order to receive the new one. There are sample uniform sizes available at Guest Service. We strongly encourage you to use these to determine your child's correct size prior to ordering. Uniform colors and numbers are chosen completely at random and uniforms may not be modified in any way.

Special Requests

ONLY ONE REQUEST WILL BE CONSIDERED FROM THE FOLLOWING THREE TYPES OF REQUESTS:

- 1) Coach Request A request for the participant to play on a specific coach's team. Please confirm with the coach prior to registration that the coach is in fact coaching this season/sport/age division.
- 2) Player/Friend Request A request to play on the same team as a specific player/friend. Both friends must request each other for the request to be considered.
- 3) Practice Day Request A request to practice on a specific day or time. We do our best to accommodate these requests; however, each coach selects the team's practice days and times.

Priority is given based on registration date and time, please register early. We will attempt to honor requests, but must retain the right to deny any request in order to maintain team equality. Therefore, requests are taken, but not guaranteed!

Season Timeline

EVENT	ACTIVITIES
Registration Opens	Register, make special requests (if any), coaches pick practice days/times
Registration Closes	Form teams, recruit additional coaches (if necessary), order uniforms, conduct coach's meeting
Week prior to 1st practice	Distribute rosters to coaches, coaches contact parents regarding practice days/times
Week prior to 1st game	Distribute game schedules and uniforms to coaches
Mid-Season to End of Season	Picture day, updated schedule/ league information, pictures and awards disributed to coaches
End of Season	Optional team party and opportunitiy to evaluate program or league





SOFTBALL LEAGUE CLASSIFICATIONS:

EE league play – Novice (no homeruns/a homerun ends the half inning).
The team is out for a little fun and exercise. New teams or teams with the majority of players who are new to the game.

E league play - Recreation (1 homerun per game, all others are outs). The team is a balance of newer players and those with some playing experience. Some established teams.

Lower E - teams made up of newer players with some playing experience.

Upper E - teams made up of more experienced players looking for a higher level of play

D league play – Upper (3 homeruns per game, all others are outs). The team is a balance of experienced and average players looking for a higher level of play who regularly play in leagues and some tournaments.

C league play – Competitive (4 homeruns per game, all others are outs). Established Teams. Teams consist of skilled and experienced players who play in leagues and tournaments.

SOFTBALL

All softball leagues play at the award-winning Ballpark at Erie. Awards given to positional playoff champion. No roster maximum; however, rosters freeze after the fifth week of play. A mandatory organizational meeting will be held on Thursday, May 16 (for summer leagues), at 7:00 pm at the Center and Thursday, August 29 (for fall leagues), at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams for each league. Fees must be paid in full at time of registration.

Men's Competitive Summer Softball

Level of play for this adult league is Competitive (C). The summer season consists of a twelve week schedule with double headers each week (24 games) with the last week of play as positional playoff games. Registration deadline is May 12.

Day: Wednesday

Date: 2203.105 - May 22 - Aug 21 (No play on July 3 & July 10)

Time: 6:00, 7:00, 8:00, or 9:00 pm

Fee: R \$1,119 / NR \$1,499

Men's / Women's / Mixed (Coed) Summer Softball (ages 18+)

A variety of men's, women's and mixed leagues are available. Level of play for this adult league is recreational. The summer season consists of twelve games with the last week of play as positional playoff game. Registration deadline is May 12.

Day: Tuesday - May 21 - August 20 (No games July 2 & July 9)

2201.105 - Men's (D) 2200.105 - Men's (Upper E) 2202.105 - Men's (Lower E) 2209.105 - Women's (E)

Day: Wednesday - May 22 - August 21 (No games July 3 & July 10)

2204.105 - Mixed (D) 2208.105 - Mixed (Upper E) 2210.105 - Mixed (Lower E)

Day: Friday - May 24 - Auguts 23 (No games June 21 & July 5)

2205.105 - Men's (D) 2206.105 - Men's (E) 2202.109 - Mixed (D) 2211.105 - Mixed (Upper E) 2207.105 - Mixed (Lower E)

Time: 6:00, 7:00, 8:00 or 9:00 pm

Fee: R \$659 / NR \$825

ERIE COMMUNITY PARK CONCESSION STAND



Visit the concession stand late March through early October during Adult Softball Leagues, Youth Baseball and Softball Games, and Tournaments! The stand features Coca-Cola products, Coors products (Adult games only), hot dogs, hot

pretzels, breakfast burritos, nachos, candy, popcorn and more!

Men's Competitive Fall Softball

Level of play for this adult league is Competitive (C). The fall season consists of an eight week schedule with double headers each week (16 games) with the last week of play as positional playoff games. Registration deadline is August 25.

Day: Wednesday

Date: 2150.108 - September 4 - October 23 Time: 6:00, 7:00, 8:00, or 9:00 pm

Fee: R \$719 / NR \$899

Men's / Women's / Mixed (Coed) Fall Softball (ages 18+)

A variety of men's, women's and mixed leagues are available. Level of play for this adult league is recreational. The summer season consists of twelve games with the last week of play as positional playoff game. Registration deadline is August 25.

Day: Tuesday - September 3 - October 22

2153.208 - Men's (D) 2154.208 - Men's (Upper E) 2155.208 - Men's (Lower E) 2155.205 - Women's (E)

Day: Wednesday - September 4 - October 23

2156.209 - Mixed (D) 2156.210 - Mixed (Upper E) 2156.211 - Mixed (Lower E)

Day Thursday - September 6 - October 24

2156.212 - Mixed (EE) 2156.213 - Over 35 Mixed (E) 2156.214 - Women's (E)

Day: Friday - September 5 - October 25

2151.208 - Men's (D) 2152.208 - Men's (E) 2153.208 - Mixed (D) 2254.208 - Mixed (Upper E) 2255.208 - Mixed (Lower E)

Time: 6:00, 7:00, 8:00 or 9:00 pm

Fee: R \$439 / NR \$549

Adult Sports (cont.)

VOLLEYBALL

Coed / Women's Sand Volleyball (ages 18+)

Level of play for this adult league is open or recreational (C). Fees must be paid in full at time of registration. The summer season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Roster maximum is 8 per team. A mandatory organizational meeting will be held on Thursday, May 23, at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams for each league. Registration deadline is May 19.

Day: Wednesday

Date: May 29 - July 24 (No games July 3) League: 2120.110 (Coed Rec (C) 4 vs. 4)

2120.111 (Women's Open 4 vs. 4)

Times: 5:45, 6:30, 7:15, or 8:00 pm Fee: R \$229 / NR \$285

GOLF

Men's & Women's Golf (ages 18+)

This program is designed specifically for men or women wanting to learn the game of golf. Classes will focus on full swing, short game, rules, and etiquette. Fundamentals include grip, set-up, pivot, the backswing, the follow through, putting, chipping, pitching, and bunkers. Instructional classes are taught and supervised by experienced PGA golf professionals and Colorado National Golf staff. All classes meet at Colorado National Golf Club (2700 Vista Parkway) for four weeks. Golf clubs are provided if needed. Registration deadline is one week prior to class.

Day: Monday - Women's
Date: 2131.207 - July 8 - July 29
Day: Wednesday - Men's
Date: 2130.207 - July 10 - July 31

Time: 5:30 - 6:30 pm Fee: R \$79 / NR \$99

Men's y 10 – July 31 **COLORADO NATIO**

BASKETBALL

Men's Basketball (ages 18+)

This is a 3 vs. 3 adult basketball league. Level of play for this adult league is recreational or upper recreational. Fees must be paid in full at time of registration. The summer season will consist of a six game schedule with the last week of play as positional playoff games. Awards given to positional playoff champion. Roster maximum is six per team. A mandatory organizational meeting will be held on Friday, May 31, at 5:30 pm at the Center. A team representative is required to attend. Maximum of ten teams for this league. Registration deadline is May 24.

Day: Tuesday

Date: June 4 - July 16 (No games July 2)

League: 2100.104 (Recreational)

Times: 6:00, 6:45, 7:30, 8:15 or 9:00 pm

Day: Sunday

Date: June 2 - July 14 (No games June 16) League: 2120.105 (Upper Recreational) Time: 3:00, 3:45, 4:30, 5:15 or 6:00 pm

Fee: R \$229 / NR \$279

FLAG FOOTBALL

Men's & Coed Flag Football (ages 18+)

Level of play for this adult league is recreational or upper recreational. Fees must be paid in full at the time of registration. The fall season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Roster maximum is 12 per team. A mandatory organizational meeting will be held on Monday, August 12 at 7:00 pm at the Center. A team representative is required to attend. Registration deadline is August 9.

Day: Thursday - August 22 - October 10

League: 2157.208 - Coed

2158.208 - Men's Rec 2159.208 - Men's Upper 6:00, 7:00, 8:00 or 9:00 pm

Fee: R \$365 / NR \$459

Time:





SOCCER

Coed Soccer (ages 18+)

Level of play for this adult league is recreational. Fees must be paid in full at time of registration. The fall season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Play is 6 vs. 6 which includes a goalie, with a roster maximum of 12 per team (no male/female ratio requirements). Each team must wear similar uniforms and provide a game ball. The league is self-officiated by players. Unnecessary roughness or slide tackling is strictly prohibited. Registration deadline is September 10.

Day: Sunday

Date: 2156.208 - September 15 - November 3
Time: 9:00 am, 10:00 am, 11:00 am or 12:00 pm

Fee: R \$199 / NR \$249

Adult Sports (cont.)

TENNIS

HUSTLE SPORTS

Beginner Tennis (ages 16+)

Learn all the basic strokes such as forehand, backhand, serve, return of serve, volleys, and overheads. You will also learn the basic rules and how to score so you can go out with your friends and have a great time. Racquets required. Classes held at the Erie Community Park tennis courts. Registration deadline is one week prior to the first class.

Day: Tuesday & Thursday

Date: Session I - 2139.205 - June 4 - June 20

Session II - 2138.206 - June 25 - July 11 (No class July 4)

Session III - 2141.207 - July 16 - August 1 Session IV - 2142.208 - August 13 - August 29

Session V - 2143.208 - September 10 - September 26

Time: 6:45 - 7:35 pm Fee: R \$69 / NR \$85

Intermediate Tennis (ages 16+)

A great continuation and advanced tennis class for adults. We review all strokes with heavy emphasis on correct form. You will also learn the basic rules and how to score. This class is fast paced with plenty of drills and games to keep all participants interested. All levels welcome! Racquets required. Classes held at the Erie Community Park tennis courts. Registration deadline is one week prior to the first class.

Day: Tuesday & Thursday

Date: Session I - 2140.205 - June 4 - June 20

Session II - 2141.205 - June 25 - July 11 (No class July 4)

Session III - 2142.207 - July 16 - August 1 Session IV - 2143.208 - August 13 - August 29 Session V - 2144.208 - September 10 - September 26

Time: 7:40 - 8:30 pm Fee: R \$69 / NR \$85

Private Tennis Lessons

Looking to improve your game? Please contact Steven Donahue at 303.547.7177 or steven@hustlesports.com for more information about private lessons.

RACQUETBALL

Racquetball League (ages 18+)

Adult racquetball leagues are now forming at the Center! Competition levels are Open/A, B/C, or C/Novice. Each league is six weeks and match format is three games to fifteen points with all scores reported. Maximum of eight participants for each league. Registration deadline is three days prior to each league.

Day: Monday

League: 2147.219 - Open/A Date: June 3 - July 8

Time: 6:00, 6:45, 7:30, or 8:15 pm

Day: Tuesday

League: 2147.220 - C/Novice Date: June 4 - July 9

Time: 6:00, 6:45, 7:30, or 8:15 pm

Day: Saturday
League: 2147.221 - B/C
Date: June 8 - July 13

Time: 4:00, 4:45, 5:30, or 6:15 pm

Fee: R \$19 / NR \$25

For additional tournament information, please visit the Colorado Racquetball Association website www.coloradoracquetball.com

DROP-IN ADULT SPORTS SCHEDULE (AGES 18+)

Sand Volleyball - Monday: 6:00 - 9:00 pm (Coal Miners Park)
Wallyball - Wednesday: 6:00 - 9:00 pm (Racquetball Court #1)
Racquetball Challenge - Thursday: 6:00 - 9:00 pm (Court #1 & #2)
Inline Stick & Puck - Saturday: 9:00 - 11:00 am (Columbine Mine Park)
Inline Hockey - Saturday: 11:30 am - 1:30 pm (Columbine Mine Park)
Ultimate Frisbee & Kickball - Saturday: 1:00 - 3:00 pm (Civic Green)

For more information on Adult Drop-In Sports visit: www.erieparksandrec.com

RESIDENT/NON-RESIDENT TEAMS

To qualify as a resident team, 50% or more of the roster must be Erie residents.

OPEN GYM SCHEDULE

Please contact the Center or look online for open gym times as they will vary throughout the season.

50+ SPORTS

Fee:

50+ Coed Volleyball

This is a traveling team affiliated with the Colorado Senior Volleyball Association. League play runs for 11 weeks and includes a tournament. Practices are held on Mondays at the Center. Teams will play on Wednesdays and travel to communities along the Front Range. Erie Parks & Recreation jerseys MUST be worn for all league play. At the time of your registration, you will be required to list a preferred size (jerseys may be used multiple seasons). Sample sizes available at Guest Service. Team jerseys cost \$25. Registration deadline is July 19.

Day: Monday & Wednesday
Date: August 12 - November 20

Recreation - 5380.103

Intermediate Recreation - 5380.104 Upper Recreation - 5380.105

60+ - R \$49 / NR \$59 50-59 - R \$59 / NR \$75

DROP-IN 50+ ADULT SPORTS SCHEDULE

Pickleball – Tuesday: 11:00 am - 1:00 pm (gym)

Racquetball – Wednesday & Friday: 9:00 - 11:00 am (singles/doubles)

Pickleball - Wednesday: 5:30 - 7:30 pm (tennis court)

Pickleball – Thursday: 12:30 - 2:30 pm (gym)

Volleyball - Friday: 11:00 am - 1:00 pm (gym)

Tennis – Friday: 11:00 am - 1:00 pm (weather permitting)



Active Adults 60+

COLUMBINE LOUNGE ACTIVITIES

The Columbine Lounge is open Monday – Friday, 8:00 am – 4:00 pm. You are welcome to stop by for a cup of coffee, join others who are playing a variety of games, log on to one of our computers, read a book, play a game of pool, or enjoy visiting with others. Participation in the lounge is free of charge to residents and non-residents.

Did you know we have many board games and puzzles available for your use? Also, we have a book and movie exchange. If you have a book or movie you would like to recycle, please leave it on the bookshelf in the Lounge for someone else to enjoy.

DROP-IN ACTIVITIES

Join us during these times when others will be participating in the following activities. These scheduled times are ongoing.

Thursday 9:00 am – Pool, Columbine Lounge
1st & 3rd Friday 9:00 am – 1:00 pm – Painting, Lehigh Room
Friday 1:00 pm – Mahjong, Columbine Lounge

FRIDAY AFTERNOON BINGO

Join in on the fun in this friendly game of BINGO and an afternoon to socialize with friends. Registration is not required. Bingo is played in the Mitchell room. *Prizes are sponsored by Life Care Center of Longmont.*

Date: 1st Friday of the Month

Time: 1:30 pm Fee: FREE

LUNCHES

Lunches are provided by the Weld County Senior Nutrition Program every Thursday at 12:15 pm. Join us for the social hour beginning at 11:00 am. Reservations are required no later than Tuesday at 5:00 pm by calling 303.926.2795.

\$3.00 – Suggested Donation for 60+

\$7.25 – Fee for under 60

AFTER LUNCH ENTERTAINMENT

After the Thursday lunch, join us for free entertainment. Entertainment begins at approximately 12:45 pm and is open to anyone, whether you eat lunch with us or not. Entertainment will not be scheduled for every lunch. Please check the schedule in the Active Adult/ SilverSneakers® newsletter or call 303.926.2795.

COMMUNITY RESOURCE PROGRAM

If you need information or assistance connecting to local resources for seniors (60+) and their families residing in Erie, please call 303.926.2795.

50+ COED SPORTS / DROP-IN SPORTS

For more information on these programs, please see page 34.



PARTNERSHIP PROGRAMS FOOT CLINICS

A registered nurse provides a full range of services to treat your feet on the 4th Tuesday of each month. Call Summercares at 303.651.5224 to make an appointment and for fee information.

MEDICARE OR MEDICAID COUNSELING

Free counseling is available to you for help with Medicare or Medicaid issues. Reserve a 45 minute, one-on-one appointment with a SHIP counselor, who can help you fill out forms or answer questions. For general questions about Medicare call Centura Health at 970.347.8743. Appointments are available from 1:00-4:00 pm on the 3rd Thursday of each month. Call 303.926.2795, to reserve your appointment.

HEARING SCREENINGS

Audigy Certified Family Hearing Centers offers the following services free of charge: wax removal, hearing screening, hearing aid cleaning and hearing aid filter change. These services will be provided from 9:00-11:00 am on July 18 in the Lehigh Room. Please call 303.926.2795 for a time slot.

VIA MOBILITY

Via Mobility Services is a mobility manager providing accessible transportation, individual and group travel training and mobility options information and referral for older adults, people with disabilities, low-income individuals and others living with mobility limitations. Via's program provides a dedicated vehicle in Erie on Thursdays from 7:30 am to 5:00 pm for any trip purpose within the community. Via's program also provides service to Erie residents to travel to Louisville, Lafayette, Boulder and Longmont on Mondays, Wednesdays, Thursdays and Fridays on a space available basis. Ride requests may be made up to seven days in advance. To get started with any of Via's services or to find out more information, please call 303.447.2848 and ask to speak with one of our mobility specialists. www.viacolorado.org.

TRIPS

Lunch & IMAX Movie

We will start the afternoon filling our tummies at the Atlanta Bread Company. After lunch we will go to the Phipps IMAX Theater to watch a movie on the IMAX screen. IMAX is a motion picture film format and a set of cinema projection standards created by the Canadian company IMAX Corporation. IMAX has the capacity to record and display images of far greater size and resolution than conventional film systems. Meal is on your own, price range \$6-\$15. Fee includes transportation, and movie. Registration deadline is May 26.

Day: Monday

Date: 5311.206 – June 10 Time: 11:45 am – 3:45 pm Fee: R \$15 / NR \$19

Balistreri Vineyards & Buffet with Lafayette Senior Center

Come and enjoy a glass of wine on the patio with friends and tour the wine cellar and winemaking facilities. A buffet lunch and dessert will be served on the patio. Fee includes lunch, wine tasting, glass of wine, dessert and transportation. This trip is with the Lafayette Seniors. Their bus will pick us up at the Erie Community Center and bring us home. What a great way to get to know our neighbors. Registration deadline is June 2. This trip is wheelchair accessible.

Day: Wednesday
Date: 5301.206 – June 19
Time: 10:45 am – 3:45 pm
Fee: R \$46 / NR \$55

Carousel of Happiness with RTD & Lunch

Get on the bus and... go! Find out how easy it is to use the RTD bus system which gives you more transportation options. Join us for a trip on RTD to Nederland for lunch and a ride on the beautiful Carousel of Happiness. Via Mobility Services' travel instructor will offer an overview of the bus system and a tour of the transit center. Also, there will be time to get a cup of coffee or do a little shopping on the Pearl Street Mall. Meet at the Erie Community Center. Lunch and coffee are on your own. Trip includes carousel and transportation. Registration deadline is June 11. This trip is wheelchair accessible.

Day: Wednesday
Date: 5317.206 – June 26
Time: 8:30 am – 3:40 pm

Fee: FREE!

Wizard of Oz at the Boulder Dinner Theatre

Like all girls her age, little Dorothy Gale of Kansas dreams of what lies over the rainbow. Come join Dorothy, Scarecrow, Tinman, Cowardly Lion and Toto as they travel the yellow brick road in search of the almighty Oz. With all your favorite songs: Over The Rainbow, Munchkinland, If I Only Had A Brain, If I Only Had A Heart, If I Only Had The Nerve, We're Off To See The Wizard, and The Merry Old Land of Oz. Fee includes dinner, show, tax, tip, non-alcoholic beverage, and transportation. Registration deadline is June 3.

Day: Sunday

Date: 5300.206 – June 30 Time: 11:30 am – 4:30 pm Fee: R \$45 / NR \$55

Dinner at Chautauqua & Silent Film

The Chautauqua Dining Hall has been a Boulder tradition since 1898. Savor spectacular views from the enchanting wraparound porch while enjoying classic American cooking. After dinner we will enjoy a silent movie in the historic auditorium. The auditorium still maintains its original rustic, 'barn-like' architecture, and is an iconic setting to celebrate the origins of big picture movies since its atmosphere evokes the feeling of being transported back in time. Dinner is on your own, price range \$12/\$25. Fee includes film and transportation. Registration deadline is June 18.

Day: Wednesday
Date: 5316.207 – July 3
Time: 5:00 – 9:30 pm
Fee: R \$15 / NR \$19

Colorado Wolf & Wildlife Center & Lunch

This trip will take you all the way to the Divide where we will have lunch at McGinty's Wood Oven Pub before setting off to the Wolf & Wildlife Center. At the center you will walk with one of the experienced and knowledgeable guides, and learn why it is important to preserve our diminishing wildlife, not only for their existence but ours as well. The personalized, one-hour walking tour through the sanctuary is fun and educational. They guarantee an up-close view of the beautiful, majestic and elusive wolf. Lunch is on your own, price range \$8-\$20. Fee includes tour and transportation. Registration deadline is June 17.

Day: Tuesday

Date: 5307.207 – July 9 Time: 9:00 am – 6:00 pm Fee: R \$19 / NR \$25

TRIPS (continued)

Summerfest at the Center for the Arts

Summerfest is a festival held outdoors in Evergreen. Summerfest features a fabulous selection of gallery quality fine art and fine crafts chosen by a jury process, performances by local favorites and star performers to add to the festival spirit, and a Beer & Wine Garden to compliment the wonderful food selection. Summerfest is known for its beautiful mountain setting. Fee includes festival and transportation. Food is on your own. Registration deadline is July 7.

Day: Saturday

Date: 5325.207 – July 20 Time: 9:00 am – 2:00 pm Fee: R \$9 / NR \$12

Oliver

Enjoy Englewood Recreation's summer drama production of Oliver! It is community theater at its BEST! Production includes 40 adults and 30 children all singing, dancing and entertaining! Fee includes show and transportation. Registration deadline is July 11.

Day: Friday

Date: 5305.207 – July 26 Time: 6:00 – 9:30 pm Fee: R \$15 / NR \$19

Rockies Game with Lafayette Senior Center

Take me out to the Ball Game and watch the Rockies play the Milwaukee Brewers! Enjoy a summer afternoon in the sun with a cold drink in one hand and hotdog in the other. Fee includes game and transportation. Food is on your own. This trip is with the Lafayette Seniors. Their bus will pick us up at the Erie Community Center and bring us home. Registration deadline is July 21. This trip is wheelchair accessible.

Day: Sunday

Date: 5323.207 – July 28 Time: 10:15 am – 5:15 pm Fee: R \$26 / NR \$29



Birding at Bluff Lake & Breakfast

Calling all bird lovers! — Break out those binoculars and join Bluff Lake Volunteer Naturalists as they guide you through the trails at Bluff Lake in search of avian adventures. Throughout the recorded history of Bluff Lake, more than 130 different species of birds have been spotted at Bluff Lake. Don't miss your chance to learn from an expert! No experience is necessary. Bring your binoculars and bird book if you have them. If you don't have the equipment, they have plenty to share. Be sure to dress for the weather! Afterwards we will have breakfast at Udi's Bread Café. Breakfast is on your own. Price range \$5-\$9. Fee includes Birding and transportation. Registration deadline is July 21.

Day: Saturday

Date: 5306.208 – August 3 Time: 7:15 – 11:30 am Fee: R \$9 / NR \$12

Loveland Sculpture Invitational

Welcome to the world of three-dimensional art at the Loveland Sculpture Invitational Show & Sale. Enjoy the diversity of the sculpture show as over 250 national and international artists display their sculpture. In the center of the show is the large sculpture garden, where life-size and monumental sculptures are on display. Take a leisurely stroll through the garden; you will be delighted by the beauty and artistry of these fine sculptures in a variety of styles and mediums. Deadline to register is July 28. Fee includes show and transportation. Any food is on your own.

Day: Friday

Date: 5320.208 – August 9 Time: 8:30 am – 1:30 pm Fee: R \$15 / NR \$19

Georgetown Loop Railroad & Lunch

A Ride to Remember. The beauty of the rugged Rocky Mountains surrounds you as the old-time steam locomotive or one of the powerful diesel locomotives winds up the Clear Creek canyon. Pass by remains of gold and silver mines and breathtaking views along the line, in one of the open cars. Great fun for all ages. After the train ride enjoy lunch in Georgetown. Lunch is on your own. Fee includes train ride and transportation. Registration deadline is July 8.

Day: Monday

Date: 5316.208 – August 12 Time: 9:30 am – 3:30 pm Fee: R \$25 / NR \$29

TRIPS (continued)

Missile Site Park Tour & Brunch

The Missile Site Park is a great opportunity to step back into the Cold War Era of national defense. The former nuclear warhead equipped Atlas E site was constructed in 1961. The host military base for the Atlas E program's command and control was located at Francis E. Warren Air Force Base in Cheyenne, Wyoming. There were a total of four Atlas E sites in Weld County. This particular missile site was deactivated in 1965 and was turned over to Weld County. After this walking tour you will enjoy brunch at Rocky J's. Meal is on your own, price range \$4-\$12. Fee includes tour and transportation. Registration deadline is August 6.

Day: Wednesday

Date: 5326.208 – August 21 Time: 8:00 am – 12:30 pm Fee: R \$9 / NR \$12

Denver Mint Tour & Lunch

Touring the United States Mint is a fascinating experience for all ages and one to remember for a lifetime. Tours cover the present state of coin manufacturing and the history of the Mint. Visitors learn about the craftsmanship required at all stages of the minting process, from the original designs and sculptures to the actual striking of the coins. After the tour enjoy lunch at Wolfie's Neighborhood Bistro. Lunch is on your own, price range \$15-\$30. Fee includes tour and transportation. Registration deadline is August 12.

Day: Tuesday

Date: 5319.208 – August 27 Time: 9:30 am – 1:30 pm Fee: R \$9 / NR \$12





EXTENDED TRAVEL

Trains, Peaches, Arches and More!

Beat the heat as we ride the train to Glenwood Springs, then soak the night away in the famous hot springs pool. While there you will tour Glenwood Cavern, Iron Mountain and CO National Monument. Then you are off to Moab to tour Arches National Park, tour a winery and have a dinner cruise. Plus you will have a tour of High Country Peaches (plan on bringing plenty back with you). This is a 50+ age, 4 day/3 night, all inclusive trip which includes all motor coach transportation, Amtrak, cruise, lodging, food, admissions, tours and escort. Call 303.926.2795 for more information. Deposit of \$150 is due June 24 and final payment is due July 24.

Days: Tuesday – Friday Dates: August 27 – August 30

Time: TBA

Fee: \$649 per person double occupancy

\$778 per person single occupancy

SPECIAL EVENTS

Barn Dance Potluck Lunch

Polish your boots, grab your hat and come on down for our barn dance. Hamburgers, hot dogs and beverages will be provided. We ask that each person please bring a side dish, salad or dessert that feeds six to share. After lunch we will enjoy knee slap'n, toe tap'n entertainment by the Heartlanders. Registration deadline is August 18. You may register at the Thursday lunches or by calling 303.926.2795.

Day: Thursday
Date: August 22

Time: 11:00 am – 2:00 pm

Fee: FREE!

FITNESS & WELLNESS

HEALTHWAYS SILVERSNEAKERS® FITNESS PROGRAM

The Healthways SilverSneakers® Fitness Program is an innovative health, exercise and wellness program helping older adults live healthy, active lifestyles. Your SilverSneakers® fitness membership includes: access to our basic amenities such as our heated pool, private locker rooms, indoor track, state-of-the-art fitness equipment, racquetball courts, and lounge; SilverSneakers® classes and other classes we offer such as water aerobics, yoga, Nia® or Zumba Gold[®]; most important, your membership is available to you at no cost through your health plan. More than 1 million members nationwide already enjoy SilverSneakers®. Join them today and bring your SilverSneakers® card and/or health plan ID to our Guest Service, and our friendly staff will help you enroll! SilverSneakers® is a registered mark of Healthways, Inc.

SilverSneakers® New Member Meeting

Meet your SilverSneakers® Program Advisors™ and learn all about the many benefits of your SilverSneakers® membership and fitness classes offered. Call 303.926.2795 for more information.

Day: Wednesday

Date: 5351.206 – June 12

5351.207 – July 17

5351.208 – August 14

Time: 10:00 – 11:00 am

Fee: Free

Qi-Gong (ages 18+)

Qi-gong, in other words, "Energy Cultivation", is the practice of coordinating one's mind, breathing, and body movement to improve circulation throughout the body. Based on one's practice, mental attitude, metabolism, sleep, physical strength and balance, and thus overall health will display significant improvement. This 75 minute class will consist of warm-ups and learning such movements as the: Yuan Gong, Pai Da Gong and the Ba Duan Jin (Eight Section Brocade). Loose clothing is recommended. Registration deadline is one week prior to class start date.

Day: Tuesdays

Date: 5313.206 – July 9 – July 30

5313.208 – August 6 – August 27

Time: 11:30 am – 12:45 pm Fee: R \$35 / NR \$45 Erie Never Stops Walking (ages 50+)

Join us on the Erie Community Center walking track for this indoor walking program. This program offers two days a week to walk. We will gather on Mondays as a group on the bridge and then walk the track for an hour. You can then choose to walk either Wednesday or Thursday as your second day. On Mondays the group is lead by a staff member who is there to assist and help you. The goal of each session is to "walk" the distance to a designated location on a map, and the ultimate goal after each session is to walk or run a 5K race together. The last day of the session we will have a party to celebrate our great success! Registration is not required. For questions or more information, please call 303.926.2795.

Day: Monday & Wednesday or Thursday

Date: June 10 – August 15 Time: 10:00 – 11:00 am

Fee: Free for SilverSneakers® members

and ECC Pass holders

Daily admission for all others per visit



CLASSES

Will Seminar (ages 18+)

This will seminar is a simple one-step class for anyone ages 18 years and older which provides a notarized will, general power of attorney, medical power of attorney, and living will by the end of the seminar from an experienced estate planning attorney. This unique three-hour class provides great value to participants by providing finished estate planning documents at a fraction of the typical cost for these documents. Cost includes all materials, witnessing, notarizing, individual review, and plenty of time for discussion and questions. Participants do not need to bring anything to class. Cost is per person. All materials provided. Registration deadline is June 3. You will pay the instructor the day of the class.

Day: Tuesday

Date: 5324.207 – June 4 Time: 5:30 – 8:30 pm Fee: R \$109 / NR \$135





BIRTHDAY PARTIES

All parties include one hour of activity and one hour in the party room. Activities include admission to the indoor playground, swimming pool, or climbing wall, for up to 10 children. An additional fee will be charged for each additional child. The Center will provide a quarter sheet cake in your choice of two flavors, candles, juice, balloons, plates, tablecloths, napkins, and silverware. Our staff will set up, decorate, and clean up.

Mini-Miners Indoor Playground Party

This package includes party room rental and admission for up to 10 children to the indoor playground. Available only to children 9 years and younger.

*Mini-Miners will still be available to public during party time.

Fee: R \$69 / NR \$85

Swimming Pool Party

Includes party room rental and admission for up to 10 children to the swimming pool area.

- * For swimming parties the parent child ratio must be as follows:
- 1 adult for ever 5 children, under 6 years old
- 1 adult for every 10 children, ages 6 and above
- 1 adult for ever 2 children wearing any type of flotation device. Children must be within arms reach at all times.
- Accompanying adults must be in the water at all times!

Fee: R \$89 / NR \$109

Climbing Wall Party

Includes party room rental and one hour of belay rides for up to 10 children (with a certified climbing staff member).

*Climbing waiver required for all participants.

Fee: R \$105 / NR \$129

Skate Park Party (ages 5-17)

Come join Square State Skate for your special day at the Erie Community Skate Park. Participants will learn all about skateboarding, from the very beginners to the kiddos who can already shred a little. Two members from the Square State Skate staff will supervise party participants while they play some skateboard related games like skate tag, skate soccer, and even get crazy with skate dodgeball! Parties are limited to 20 participants and all parties include one hour of activity and one hour at the Skate Park pavilion (please note, the hour of activity at the Skate Park is not exclusive use). The party fee includes a small gift for the birthday boy/girl and snacks or pizza for up to 20.

Day: Saturdays Only Fee: R \$199 / NR \$249

AVAILABLE THEMES (CHOOSE ONE):

Party Color Choices: Theme Choices:

Pink Spiderman
Purple Princess
Blue Dinosaur
Red Pirate
Green Sponge Bob

Orange NEW! - Colorado Rockies

Black Yellow

Cake/Icing Choices - Vanilla or Chocolate

ADDITIONAL INFORMATION

Fees for additional children:

 Mini-Miners
 R \$3 / NR \$4

 Swimming Pool
 R \$4 / NR \$5

 Climbing Wall
 R \$5 / NR \$6

Pizza is available upon request (\$10 extra per pizza)





Parks, Athletic Fields & Shelters

	Ballfields	Basketball	Drinking Fountains	Fishing	Walking Trails	Handicapped Access	In-Line Hockey Rink	Parking	Picnic Tables	Bar-B-Q Grills	Playground	Portable Restrooms	Soccer/Playing Fields	Tennis Courts	Sand Volleyball	Skate Park	Electricity	Shelter Occupancy	Total Acres
Arapahoe Ridge Park 1750 Powell Street	•					•		•	•	•	•	•	•	•				8	7.3
Coal Creek Park 575 Kattell	•					•		•	•	•	•	•	•			•		8	7
Coal Miners Park 470 Cheesman						•		•	•	•	•				•			72	1
Columbine Mine Park 1936 Skyline Drive	•				•	•	•	•	•	•		•	•				•	30	
Country Fields Park 1801 Tynan Drive	•		•		•	•		•	•		•	•	•					8	29
Crescent Park 1300 Lombardi Street			•		•	•		•	•	•	•	•	•					36	
Erie Community Park (ECP) 450 Powers Street	•		•		•	•		•	•	•	•	•	•	•		•	•	see below	41
Erie Lake North of Arapahoe on HWY 287				•	•	•		•				•							31
Lehigh Park 751 Eichhorn Drive			•		•	•		•	•	•	•	•	•					42	6
Longs Peak Park 311 Wheat Berry Drive & 339 Meadow View Parkway	•	•			•	•		•	•	•	•		•					12	5
Reliance Park 900 WCR 1.5	•		•			•		•	•		•	•	•				•	12	18
Thomas Reservoir 2000 N. 119 th Street				•	•	•		•	•			•						12	33

PARKS RESERVATIONS

Rent one of the many shelters at the Erie Community Park for your next party, family reunion, picnic or more! Please contact the Center at 303.926.2550 for rental fees and availability.

ERIE COMMUNITY PARK SHELTERS

(fees are per 2 hours)	Occupancy Seated	Resident	Non-Resident	Non-Profit
Garfield (entire shelter)	100	\$40	\$50	\$35
Jackson (East Wing)	50	\$20	\$25	\$17
Stewart (North Wing)	25	\$15	\$20	\$13
McGregor (South Wing)	25	\$15	\$20	\$13
Concession (West)	24	\$15	\$20	\$13
Concession (East)	24	\$15	\$20	\$13
Skate Park (Shelter Only)	8	\$10	\$13	\$9

ATHLETIC FIELD PERMIT DATES

Permit dates available: March 15 - November 15

Permit applications will be accepted from November 1 - December 15 for priority consideration. Applicants will be notified the first Town business day in January. After December 15, applications will still be accepted and considered on a first come, first serve basis.

PARK SHELTER PERMIT DATES

Spring

March 15 - May 31 (permits open to R - January 2 / NR - January 9)

Summer

June 1 - August 31 (permits open to R - April 1 / NR - April 8)

Fall

September 1 - November 15 (permits open to R - July 1 / NR - July 8)

tiles & Amenities

ERIE COMMUNITY CENTER	Resident*	Non-Resident*	Non-Profit*
Party Room	\$30	\$39	\$25
Lehigh Multi-Purpose Room (stage)	\$30	\$39	\$25
Lloyd Multi-Purpose Room	\$40	\$50	\$30
Briggs Multi-Purpose Room	\$40	\$50	\$30
Mitchell Multi-Purpose Room	\$40	\$50	\$30
Garfield Commons (4+Kitchen)	\$150	\$189	\$125
Kitchen	\$50	\$65	\$40
Indoor Playground (After Hours)	\$75	\$95	\$60
Bouldering/Climbing Wall	\$75	\$95	\$60
1/2 Gym	\$30	\$39	\$25
Full Gym	\$60	\$75	\$50
Fitness Studio	\$40	\$50	\$30
Pool - Lap (After Hours)	\$50	\$65	\$40
Pool			
o - 50 people	\$150	\$189	\$120
51 - 100 people	\$200	\$250	\$160
101 - 150 people	\$250	\$315	\$200

ERIE COMMUNITY CENTER FACILITY PERMIT DATES

Winter/Spring

January 1 - May 31 (permits open R - November 1 / NR - November 8)

Summer

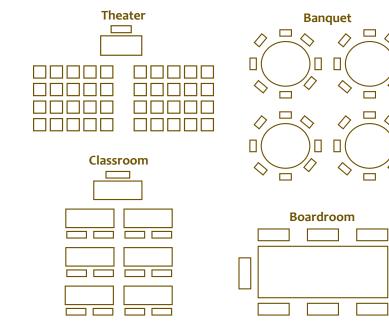
June 1 - August 31 (permits open to R - April 1 / NR - April 8)

Fall

September 1 - December 31 (permits open to R - July 1 / NR - July 8)

Prices per hour.

Occupancy	Classroom seating	Banquet seating	Boardroom seating	Theater seating
Lehigh Multi-Purpose Room (stage)	27	32	20	30
Lloyd Multi-Purpose Room	45	56	20	72
Briggs Multi-Purpose Room	54	72	20	90
Mitchell Multi-Purpose Room	51	64	20	84
Garfield Commons (all 4 rooms)	96	136	51	220







Registration Information

HOW DO I REGISTER?



Online at www.erieparksandrec.com Follow the links to our online registration system.



Walk-In - Register in person at the Erie Community Center

WHEN DO I REGISTER FOR PROGRAMS AND CLASSES?

Residents -

April 20

Non-Residents -

April 27

Unless otherwise noted, registration deadline is the Saturday before the first program meeting date.

PARTICIPATION

Minimum participation is required for many of our activities and classes; the Parks & Recreation Department reserves the right to cancel any class due to low participation numbers. You will be notified prior to the first class if a program has been cancelled.

ACTIVITY REFUND/CANCELLATION POLICY

For activities cancelled by the Parks & Recreation
Department, payments will be credited to your account. A
refund will be issued upon written request.

A full (100%) credit or refund will be issued if:

 withdrawals are requested at least seven (7) calendar days prior to the activity start date

A 75% credit or refund will be issued if:

• withdrawals are requested up to six (6) calendar days prior to the activity start date

A 50% credit will be issued if:

 withdrawals are requested after activity date begins and before activity session is 50% complete

No credit or refunds will be issued after activity session is 50% complete

Late activity registrations will not be prorated.

VOLUNTEER OPPORTUNITIES

For volunteer opportunities with Erie Parks & Recreation please visit our website at www.erieparksandrec.com, click on "activity registration" and enter keyword "volunteer", or email us at volunteer@erieco.gov or call 303.926.2550.

Opportunities available include: Special Events, Youth Sports Coaching, Parks Projects, Active Adults 60+ Programs.

We offer a volunteer incentive program! Earn free passes to the Erie Community Center and more! Visit our website at www.erieparksandrec.com for details on the volunteer incentive program.



SCAN ME TO VIEW THE CURRENT...

GROUP FITNESS



POOL SCHEDULE!



CLIMBING WALL



MEMBERSHIP PROMOTIONS

10% OFF ANNUAL PASSES

From June 15 - July 15

SEE GUEST SERVICE FOR MORE INFORMATION!

To receive a 10% discount, annual passes must be paid in full. Guests purchasing an annual pass on a payment plan are eligible for a 5% discount.



YOUTH ANNUAL PASSES! R \$99 / NR \$119 Available for purchase from June 1 - August 14

Youth Annual Pass is for ages 4-17.

Kids' Nite Out Across America® is offered on Friday nights from 7:00 - 10:30 pm at the Erie Community Center. Kids ages 7 to 14 enjoy contests, games, age-appropriate music, sports, swimming and more!



Parents trust Kids' Nite Out Across America® to provide an active, safe and fun environment. When parents drop their children off, they have peace of mind knowing their kids are safe in a facility that is closed to the public. Staff members who have passed a comprehensive national screening and criminal background check supervise the program and engage the kids.

A parent or authorized adult must fill out a Membership Form the first time each child attends. Learn more at www.kidsniteout.org/erie



WE NEED YOU!

Volunteers are needed throughout the year for: Special Events, Active Adults, Parks Projects, Youth Sports Coaches, and more!



View more information about volunteer needs and our Volunteer Incentive Program online at www.erieparksandrec.com!

Administration Division 150 Bonnell Avenue

P.O. Box 750 Erie, CO 80516

303.926.2790

Recreation Division
450 Powers Street
P.O. Box 1110
Erie, CO 80516
303.926.2550

Parks Division
150 Bonnell Avenue
P.O. Box 750
Erie, CO 80516
303.926.2887